Wishing UArizona Retirees a Happy Spring!

Please Join Us As We Celebrate

UARA’S 40TH ANNIVERSARY SPRING LUNCHEON PROGRAM

Hacienda Del Sol Guest Ranch Resort
Casa Luna Ballroom
5501 Hacienda Del Sol Road (85718)
Thursday, April 2, 2020
Noon-2:00 p.m.

Featured Speakers:

Mindy Fain, MD
Co-Director, Arizona Center of Aging; Chief, Division of Geriatrics, General Internal Medicine and Palliative Medicine, University of Arizona College of Medicine.

Title of Talk: “Age Friendly Health System”

Since joining the University of Arizona medical faculty in 1985, Dr. Fain has made a remarkable difference in the availability and quality of health care in Arizona, especially among the state’s burgeoning population of elderly. She is committed to developing and disseminating high value models of health care.

Janko Nikolich-Žugich, MD, PhD
Bowman Professor and Head, Department of Immunobiology, Co-Director, University of Arizona Center on Aging, University of Arizona College of Medicine; and Chairman of the Board and CEO, American Aging Association.

Title of Talk: “Geroscience: The Impact of Aging on Chronic Diseases”

Dr. Nikolich-Žugich is internationally recognized as a leading immunologist and gerontologist. He received his MD, MSc and PhD in Immunology from Belgrade University School of Medicine. His interests include basic mechanisms of T-cell function, immunity to infection in older adults, vaccines and biomarkers of declining immunity in the elderly, immune rejuvenation, immune monitoring in chronic conditions of aging and the impact of inflammation and nutritional intervention in aging, immunity and metabolic disorders.

For Registration, please see page 3.

**THIS WILL BE UARA’S LAST PAPER NEWSLETTER**

In order to ensure that you will continue receiving updates and newsletters once we are all electronic starting in the fall, please send us your current email address. You may contact us via uara@arizona.edu. For those without a computer who would like to receive a paper copy, please call us at 626-6936 and we will arrange to send you a paper copy. Thank you.

Jane Dugas, Editor
Trudy Jacobson, Contributing Editor
MESSAGE FROM UARA
by David Earnest, UARA Leadership and Board member

After serving with the UARA for the past ten years, we announce the retirement of Trudy Jacobson and Jane Dugas. They have worn multiple hats as volunteers (as office manager, membership coordinator, newsletter editors, luncheon coordinator, website manager) while helping to move the association forward. We remain hopeful that current members will volunteer to cover these positions that are now vacant. We are grateful to these ladies who have served in these capacities, and appreciate their dedication and support over the years.

NOTICE: UARIZONA E-MAIL CHANGES
by Lisa Stage, UITS Communications & Marketing

Some new e-mail features will soon be implemented by UITS. Please see: https://uaatwork.arizona.edu/uanouncement/send-arizonaedu-email-effective-march-10. In a nutshell, you need not do anything. Retirees (except for Emeritus status) will be unaffected by the “Send As” changing from @email.arizona.edu to @Arizona.edu. As an added security measure, a red “banner” will identify all of your EXTERNAL emails.

HOSPICE VIDEO
by Kenney Hegland, Professor Emeritus of Law and UARA Board member

I have completed a video on Hospice “Go gentle into that good night: Hospice.” I urge folks to look at it and share. It will help loved ones and their families in very hard times. https://Vimeo.com/381263352

LEGISLATIVE UPDATE
(Source: Jeri Meeks, ASURA Prime Times newsletter)

The 54th Legislature Second Regular Session opened on January 13th and per Gov. Ducey’s State of the State address his priorities for this year are securing the state’s water future, expanding economic opportunities while preparing against future economic downturns, keeping students safe, protecting public safety while reducing prison populations and investing in public education – with a focus on results, resources and reforms.

The Arizona Board of Regents (ABOR) new Workforce Development business plan is a new approach to ABOR’s state funding request designed to improve the state’s workforce and support a healthy economy. Each university will develop a Workforce Readiness Initiative; ASU will expand engineering education and research, adding five science and technology centers; NAU’s focus will be in healthcare, including mental and behavioral, which is the largest growing private industry in Arizona; UArizona will focus on workforce development initiatives in its medical schools and space exploration, planetary defense, national security and asteroid exploration centers.

The Governor’s Community and Legislative Partners in Aging will host meetings again this legislative season. Sponsored by the Governor’s Council on Aging, these meetings bring together a caucus of Arizona Senators, Representatives and community partners to discuss challenges facing Arizona’s seniors.

Bills introduced for consideration this legislative season have been posted on the Arizona State Legislature website and there is much to see! This year Arizona State Retirement System (ASRS) Health Insurance would like to move to a self-insured funding model and there are several bills posted, addressing this change. Also, ABOR’s new Workforce Development funding model has generated many pieces of legislation. An initial list of the bills that are worth watching:

SB1125 – ASRS; self insurance program
SB1034 – ASRS; required distribution
SB1125 – ASRS eligibility; waiting period
HB2113 – ASRS; employer; member; contributions
HB2357 – ASRS; self-insurance program
HB2628 – health care insurance; amendments
HB2602 – Arizona High School graduates; tuition
HB2141 – universities; community colleges; constitutions; instruction
HB2491 – appropriation; Arizona Teachers Academy
HB2238 – universities; public policy events
HB2020 – ABOR; tuition; actual cost; deduction
HB2460 – ABOR; tuition; deduction; actual cost
SB1166 – appropriation; STEM internships

Please engage in your local, state and federal elections! Contact your current legislators and tell them what you think! Do your research and VOTE!

Legislative Districts by address: https://azredistricting.org/districtlocator/

Contact Information for State Representatives and Senators: https://www.azleg.gov/memberroster/
UARA’S 40TH ANNIVERSARY SPRING LUNCHEON PROGRAM
THURSDAY, APRIL 2, 2020
Noon-2:00 p.m.  Doors open at 11:30 a.m.
Featured Speakers: Mindy Fain, MD and Janko Nikolich-Žugich, MD, PhD

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MENU

Chef’s Choice House Salad
Select from three entrees

(1) GRILLED SALMON
Herb Roasted Fingerlings, Chef’s Selection of Fresh Vegetables, Herbed Citrus Beurre Blanc

(2) ROASTED CHICKEN BREAST
Herb Seared Chicken Breast, Tomato Parmesan Orzo, Tarragon Beurre Blanc, Chef’s Selection of Fresh Vegetables

(3) GRILLED VEGETABLE LASAGNA
Fresh Mozzarella, Spinach, Grilled Vegetables, House Marinara, Bechamel Grilled Garlic Ciabatta

Lunch service includes Hacienda Rustic Breads and Sweet Creamery Butter, Arbuckle’s Desert Flower Iced Tea, Arbuckle’s Custom Blended Regular and Decaffeinated Coffees and Hot Numi Teas

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REGISTER on-line at: https://www.eventbrite.com/e/tucson-uara-spring-luncheon-2020-tickets-94201881363, or cut on the dotted line and mail your check and form below to: Rhonda Rugg c/o UArizona Retirees Assoc., P.O. Box 210109, Tucson, AZ 85721. Please make your check payable to UARA.

DEADLINE for registration is March 28, 2020. Cost: $33 per person. This is a non-tax-deductible event. Questions or last-minute RSVP, call Jane at 887-0033.

Driving Directions: From the intersection of Campbell and River, drive east on River Road 0.6 miles to HDS Road. Turn north onto HDS Road and drive 2.0 miles to the restaurant turn-off (will be on the left). The Resort is on the west side of the road. There is a front circular drive drop-off and plenty of parking.

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MAIL-IN RSVP FOR UARA’S 40TH ANNIVERSARY SPRING PROGRAM LUNCHEON
Please return this portion and print name as you would like it on your nametag.

Retiree/Surviving Spouse ____________________________ Telephone__________________
Former Department ____________________________ Email__________________________

Choose Entrée   ___ Grilled Salmon   ___ Roasted Chicken   ___ Vegetable Lasagna

(Circle one)

Guest Name #1________________________________________ Choice (1) (2) (3)
Guest Name #2________________________________________ Choice (1) (2) (3)
Guest Name #3________________________________________ Choice (1) (2) (3)

Enclosed is a check for $________ made payable to UARA ($33.00 per person).

Mail prior to March 28th: Rhonda Rugg c/o UArizona Retirees Association, P.O. Box 210109, Tucson, AZ 85721. We look forward to seeing you!!
WINTER LUNCHEON PROGRAM 2020 REPORT
by Trudy Jacobson

Ninety dog-loving members and guests were treated to an exquisite lunch and fascinating lecture at our 40th Anniversary Winter Luncheon Program. The event was held on January 23 at the gorgeous Lodge at Ventana Canyon, in the foothills of the Catalina mountains. The food was divine, the service most excellent, and the warm, sunshiny day highlighted the beauty of the venue.

Dr. Clive Wynne, director of the Canine Science Collaboratory at ASU, delivered a most entertaining and enlightening presentation about dog behavior and intelligence. He described several interesting and humorous examples of clinical experiments from his book “Dog is Love” Why and How Your Dog Loves You.

Dr. Wynne, a psychology professor and behavioral scientist, studies the actions of individual and groups of dogs and their wild relatives. His focus includes the ability of pet dogs to adapt to the behaviors of the people with whom they live, and the actions of shelter dogs that influence their chances of getting adopted.

Dr. Wynne’s lecture was very well received, with everyone nodding in agreement to compare their own dogs to the study subjects!

Door prizes were donated by the UARA leadership team, and gleefully accepted by the smiling raffle winners.

UArizona Campus Pantry—In commemoration of the UARA’s 40th Anniversary, guests were asked to bring donations for the Campus Pantry. Several bags of food items and $120 was received. Thank you to all who generously contributed! You can make donations of food or financial assistance to the pantry year round; Visit: campuspantry.arizona.edu

We would like to extend our heartfelt thanks to Denise Shorbe and Chris Richards of the Arizona Alumni Association for their assistance with organization and photography, along with gratitude to UARA leadership who helped make the luncheon a success. Note: Photos of luncheons and other events are posted on the UARA website Photo Gallery.