UPCOMING LUNCHEONS—bring your appetite!
by Jane Dugas, Luncheon Coordinator

WINTER LUNCHEON, JANUARY 29, 2015
Tanque Verde Ranch welcomes UARA members and guests to another splendid buffet including a generous assortment of salads, breads, entrees, and desserts. Reservation form is on Page 7. We look forward to seeing you!

35th ANNIVERSARY SPECIAL SPRING LUNCHEON, MARCH 26, 2015
UARA is celebrating its 35th year! We invite you to join us as at the Lodge on the Desert as Chef Marcus prepares another fabulous three-course meal for this special event. We are planning to invite a special guest speaker and provide entertainment to celebrate UARA’s accomplishments. A postcard announcement and RSVP form will be mailed in early March.

RIDE ON THE STREETCAR, SEE PAGE 6.

WOMEN’S BASKETBALL—UA VS. STANFORD
Join us on Sunday, February 8, 3:00 pm, at McKale Center to help cheer on the UA Women’s Basketball team and their Head Coach, Niya Butts. Reserved seats are $7.00 each. Here’s a chance to see the newly remodeled McKale Center ($30 million renovation). Please mail checks to the UARA office, payable to “UARA” by Tuesday, January 27. Tickets can also be picked up at the UARA office, or at “will call” at the box office on game day.

UARA DAY AT THE BALLPARK
Mark your calendar for Sunday, May 10, when we will attend the UA vs. Washington baseball game at Hi Corbett Field. Time TBA, general admission seats will be $4.00 each. No limit on tickets; plan to bring the grandchildren! More information and deadlines will be printed in the Spring issue of this Newsletter and posted on our web page.

THANK YOU...
We would like to extend a heartfelt UARA thank you to Ms. Teri Lucie Thompson, UA Vice President for the Office of University Relations, who has approved annual funding for UARA newsletters and postcards. In addition, she has approved an in-kind contribution by her office to develop a new UARA brochure. The UA Retirees Association gratefully acknowledges the financial support provided, and greatly appreciates the collaboration with and support of the Office of University Relations.

CONTACT US:
Email: uara@arizona.edu
Website: uara.arizona.edu
Phone: 520-325-4366
Cell Phone: call/text 520-982-7813
Mailing Address:
UARA, POB 42391, Tucson AZ 85733

HOW TO JOIN UARA!
Visit the website uara.arizona.edu and click on “Membership/join or rejoin”. Or, contact the UARA office (see last page).
Fees: $20 one year; $80 five years
President’s Message
by Rose Perrill, UARA President 2014-2015

Happy 2015, and Happy UARA 35th Anniversary!!

UARA is a unique organization where every individual who has retired from the UA has earned the right to become a member. We are a UA family who has worked and laughed together and that relationship continues through the UARA.

Our seminars, meetings and luncheons are informative and useful, a place where UARA members meet new friends and continue to see old friends. We hope you can plan to attend our educational seminar in February. Several speakers representing different agencies will present various strategies to avoid senior fraud and financial exploitation.

We currently have 640 members. If you know of any UA retirees who are not yet members, please encourage them to join the UARA. Membership is only $20.00 per year (or, see front page).

Take care of yourself and those around you. I wish everyone a happy and a healthy New Year. — Rose

Monthly Advisory Council Meetings:
We have six meetings per year, held on Tuesdays in Room 2343 of UAMC from 9:00-11:00am. A Zone 1 parking lot is available southeast of the building. Refreshments are served. Please mark your calendars for upcoming dates: January 13, February 10, March 10, and April 14.

Proposed Revisions for UARA Bylaws
In an effort to fit the organization of UARA into the current situations facing many volunteer groups throughout the country, your Executive Committee has undertaken a restructuring of the governance arrangement of the Association. This will necessitate a revision of the Bylaws; a brief summary follows:

EXECUTIVE COMMITTEE
The Committee would consist of a minimum of six members who will be elected by the UARA membership for three-year terms (two per year). The Executive Committee will then select, from its members, a president, a vice-president, a secretary, and a treasurer, each to serve for a one-year term of office.

ADVISORY COUNCIL
The Council will consist of the members of the Executive Committee, all UARA committee chairs, and the past presidents. Ex-Officio members will include representatives of UA personnel organizations (Faculty Senate, Staff Advisory Council, Appointed Professionals Advisory Council), Department of Human Resources, and Office of University Relations.

The full text is posted on the UARA website (ura.arizona.edu). If you do not have access to the webpage, please contact the office and the text will be mailed to you. You will be able to vote on these changes. A ballot for this will be included in the Spring issue of this newsletter (along with the yearly ballot to elect officers for 2015-2016).

Nominations for New UARA Officers
The Nominating Committee is considering nominees for President, President-elect, Secretary and Treasurer for the 2015-2016 year. UARA members are encouraged to submit nominees for each of the officer positions. If you have suggestions for nominees, please leave a message for Suzanne Van Ort, Nominating Committee Chair, at 325-4366, or email uara@arizona.edu by January 26. Ballots for elections will be in the Spring newsletter.

UA Cares Campaign—A Message to the Retirees!
by Sheila McGinnis, Office of Community Relations Director, Outreach-Community Partnerships

I want to thank the UA retirees for their generosity during the 2014 UA Cares giving campaign. Each fall, I am reminded of the spirit of philanthropy that runs through the veins of all Wildcats. Though many retirees live on a modest fixed income, they choose to share what they have and help students continue their higher education, or help the working poor make ends meet.

To date, $4,500 was donated by UA retirees, evenly split between United Way charitable options and several scholarship funds set up through partnerships across town. 80 staff and students joined forces to help with HopeFest, a one-day event serving over 10,000 homeless people and families in need.

Additional volunteer events continued through the holidays and well into the new year. Literacy Connects is a popular volunteer option with staff. They need small groups to spend time cleaning and preparing donated books before they’re distributed to children in the community. We’d love to work side by side with retirees at some of the volunteer events in 2015 so we’ll be keeping you informed of these opportunities.

There were a multitude of fundraisers held across campus in support of UA Cares from Freaky Float sales at Halloween time, to the ever-popular Chili cook offs, and new this year....Dress Your Boss Day hosted by the Budget Office. The creative ideas were flowing and helped build awareness about the campaign.
UARA SPRING EDUCATIONAL SEMINAR

OPEN TO PUBLIC  FREE

THE UNIVERSITY OF ARIZONA RETIREES ASSOCIATION
and TUCSON MEDICAL CENTER SENIOR SERVICES

present

Guarding Your Wallet —
Preventing Scams, Fraud and Financial Exploitation

Seniors are often the unwitting targets of criminal activity which threatens their financial security, peace of mind, and independence with property and monetary losses reaching into the billions of dollars annually. Experts from the criminal justice system will provide examples of such schemes, what to look for, and tips to protect yourself and your loved ones.

A question and answer period will follow.

Thursday, February 12, 2015
10:00 a.m. – 12:00 p.m.

Tucson Medical Center Senior Services at the El Dorado Campus
1400 North Wilmot Road, Senior Services Classroom

Space is limited. Reservations are required. Please RSVP on or before Friday, February 6, by calling the TMC Senior Services Reservation Line at 520-324-4345

For more information, call or text Trudy Jacobson (UARA) at 520-982-7813, or email uara@arizona.edu

UA Retiree News - Page 3 - Winter 2015
Authors Among Us

Lost in Another World
by Richard W. Coan, Retired Professor of Psychology

This book is a dream fantasy in the tradition of Lewis Carroll and C. S. Lewis. It will appeal to children from 9 to 95. Actually it is suitable for children from 9 to 12, but any adult who remains in touch with the inner child, forever a part of each of us, will enjoy.

The Plot: Abandoned in the woods by his parents, a young boy named Teddy slides downward into a dream world where he is faced with many challenges to his ingenuity and courage. In a realm that is home to a variety of animals and ruled by a gigantic jackrabbit, the king puts him through three major tests to determine whether he is worthy of remaining there. Passing the tests, Teddy moves to a neighboring realm, where he meets a girl name Mindy whom he would love to have as a sister. She disappears, and he encounters many other creatures as he endeavors to find her. They include a family of mischievous imps, an overpowering and controlling mother, a brutal giant, and a little blue bird who serves as a guide. At the end of an elaborate journey, Teddy awakens to a promising new life.

A Word from the Author:
Throughout my life, I have composed music and written poetry and fiction. I have also devoted many years to the study of archetypal symbolism and myths and tales. I have published books and articles on child personality, the evolution of consciousness, masculinity/femininity, and the nature of the ideal personality. My published novels include:

* A Princess for Larkin (young adult fantasy)
* Shaul of Tarsos: the Man Who Came to Be Known as Saint Paul (historical fiction)
* Horatio: the Loyal Friend of Prince Hamlet (literary fiction)

Editor’s Note: Available from Amazon: paperback, Kindle books and Barnes & Noble

Wisdom and Reverie
by Vicki Mills, 2009 Retiree, University Library

Wisdom and Reverie is the title of a recently published book which is a compilation of writing by a group of senior writers in Tucson. I am one of those writers. I got involved with them almost three years ago, when I was asked to lead the Lend A Hand Senior Writers. The group, which began in 2008, is supported by Lend A Hand Senior Assistance, a non-profit organization that serves seniors in thirteen central neighborhoods in Tucson. In early 2012, they were leaderless, so I stepped in; not really knowing what was involved. I had thought that maybe I could just lead the group, but not do any writing myself, as I didn’t think of myself as a writer. I was wrong.

Writing is what the writing group does and it is what every member of the group is expected to do. So I began writing and discovered that I loved it and I loved the group. I now know that everyone is a writer, although everyone may not know it yet, and everyone has stories to tell.

Our book is a wonderful representation of our writing. Reading it, you can really get a feel for each of the writers. There are so many interesting and moving stories – they will make you smile, think, appreciate and sometimes cry. I have eight pieces in the book. It was hard to choose which ones to put in: but the ones I picked are about meeting my husband (in the University of Arizona Library!), my pets, some childhood memories, and some musings on life.

All of our writing can be found, by author, on our website: lahseniorwriters.wordpress.com. You can read these pieces for free online. But if you are interested in reading Wisdom and Reverie, you can buy a copy locally for a contribution to Lend A Hand, you can buy it on Amazon, or you can check out a copy at the Pima County Public Library.

We hope you enjoy reading our stories as much as we enjoyed writing them. If you are interested in learning more about the book or purchasing a copy, contact me: Vicki Mills, vamills@email.arizona.edu

VOLUNTEER WITH CATCH HEALTHY HABITS!

Pairs teams of adults 50+ with kids in grades K-5. Both volunteers and children benefit from learning more about nutrition and from working together to get physically fit. Training is provided. Classes meet once a week. We have lots of ways you can help children develop healthier lifestyles, while making positive changes for yourself. Join the fun! Contact Sabrina Plattner at 305-3414, or splattner@pcoa.org

Material for the UARA Newsletter is always welcome, subject to Executive Committee approval, and we encourage you to send your articles to the Editor.

The Newsletter is published three times a year: Fall, Winter, and Spring, and is mailed only to paid UARA members.
PartnerSHIP Tool Kit available from DES

A kit full of helpful information about free statewide programs and services to aid senior citizens and individuals with disabilities (and their families) is available through SHIP (State Health Insurance Assistance Programs).

SHIP is a free health benefits counseling service for Medicare beneficiaries and their families or caregivers. It is an independent program funded by federal agencies and is not affiliated with the insurance industry. SHIP is a partnership of the Department of Economic Security, Division of Aging and Adult Services, and Arizona’s Area Agencies on Aging.

The mission of SHIP is to educate, advocate, counsel and empower people to make informed benefit decisions.

To request a packet, please call the Arizona SHIP coordinator at (602) 542-6439 or visit their website: AZLINKS.gov

Old Main: A Lasting Legacy

Old Main has been the iconic symbol of the University of Arizona for 123 years. Newly renovated it is once again the heart of campus. You can be a part of the legacy and Old Main’s future by making sure your affiliation with the university is permanently acknowledged. Gifts made to the UA will help ensure that Old Main remains a cherished and vibrant centerpiece for the next century and beyond. Here are some opportunities:

Old Main’s Signature Spaces
The fountain plaza, offices, event rooms, verandas, galleries and other spaces are naming opportunities for donors. These spaces can be named for people making pledges.

Old Main Pillars
With a pledge, your name can be featured on a cast-bronze plaque installed on an Old Main exterior pillar.

Old Main Walkway
With a contribution, your name can be engraved into a 30-inch by 30-inch square of the new Old Main Walkway, a wide concrete sidewalk that encircles the building.

Old Main’s Original Roof Shingles
With a donation you can receive a metal shingle from Old Main’s original roof. Each roof shingle is mounted, covered with glass and framed for display.

For more information about gift and naming opportunities, please call the UA Foundation at (520) 621-9065. To make a gift online, go to: uafoundation.org/givetoday and click “Old Main.” Donations made payable to “UAF Old Main” can be mailed to: Old Main, UA Foundation, PO Box 210109, Tucson, AZ 85721.

If you would like a brochure detailing this information mailed to you, please contact the UARA office (contact information on back page).

UARA Members Visit Tree-Ring Lab

by Trudy Jacobson, Editor

On November 12th, a group of very interested UARA members attended a tour of the Laboratory of Tree-Ring Research (LTRR), located in the Bryant Bannister Building. It was especially meaningful for us since Bryant Bannister is an active member of our association. Tour guide, Pamela Pelletier, LTRR Community Planner and Director of Outreach, provided an excellent overview of the research (with lots of samples), and a look into some of the labs.

UA graduate students, Josh Farella and Ross Alexander, along with visiting scholar, Flurin Babst, explained their research and emphasized the multidimensional qualities of dendrology. We learned how much of the past is known due to the research, and how they can predict future weather and environmental conditions by studying tree rings.

After the tour, we had lunch at the new Bear Down Kitchen, located on the 4th floor the Lowell-Stevens Football Complex. The buffet was well done and plentiful, and the location does indeed offer “awesome” views of campus!

If you would like to become a Docent at the Tree-Ring Lab, it’s a great way to be a part of the UA. Training and classes are offered at no cost.

You can also get involved in this year’s Festival of Books (March 14-15). The Lab is hosting an open house during the weekend of the Fair, and would be delighted to have some retirees join them as Docents just for that weekend.

Please call Pamela Pelletier at 621-0984 or email her at pamela@email.arizona.edu if you are interested in either Docent opportunities. For more information, visit their website: ltrr.arizona.edu.
Streetcar Tour Planned for March 16

Start the week of Spring Break off right by joining us for a ride on the modern streetcar! Our guided “tour” will be led by Dave Heineking, Executive Director of Parking and Transportation, and will take us on a round-trip ride as well as a look into the maintenance facility.

Save the date of Monday, March 16 (first day of spring break), to attend this fun event. We will be meeting at 10:00 am at the Poet streetcar stop at the corner of Helen and Warren (just north of the Wells Fargo bank). You can park in the AHSC parking lot (Zone 1) on Helen and Campbell. The cost for a full day’s pass on the streetcar is $4.00; we will be purchasing our tickets at the stop (the machine accepts cash and charge cards).

The streetcar will make a full round trip and drop us back off at the Poet stop.

If you would like to have lunch after the ride, we will be getting back on the vehicle and going to lunch as a group (restaurant to be decided at a later date).

Please RSVP to the UARA office (contact info on back page) by Friday, March 13, and let us know if you would like to go on the tour, and mention if you plan on going to lunch afterwards.

UA Proposes a University Club

by Roger Caldwell, Retiree

The University of Arizona is planning a “University Club,” something that ASU and a number of other universities in the country already have. The Arizona Board of Regents approved the concept at its November 2014 meeting and active planning is underway. It is expected to open in summer 2016.

What is a University Club?

Clubs are usually on campus and have eating facilities, areas for private programs, and opportunities for informal discussions among people with different disciplines. Some university clubs are partially supported by the university and all have a membership fee. The UA Club will have no state support.

Where will the UA Club be located?

The UA Club will be housed on the 13th floor of a yet to be built suites-only hotel just west of the UA at the Main Gate Square. This will be in the current parking lot just east of the Marriott hotel.

What activities are likely for the UA Club?

Activities may include happy hours, celebrations, working lunches, seminars and other ways of facilitating informal collaboration among members. The specific activities are still under development and will be based on views provided by potential members (see below on how to give your views).

Who can be a member and what will it cost?

The membership of the UA Club would be university faculty, appointed professionals, staff, retirees, alumni, and some community members. In other words, almost everyone except students can be a member. Many university clubs have a one-time initiation fee and a monthly fee, with the fees different for the various member categories. The UA Club costs are under development and retirees are expected to have a low membership fee.

How can I get more information or submit my thoughts or questions?

The UARA will provide status reports in the Newsletter as more information becomes available. Meanwhile, the University Club planning committee would appreciate feedback from UARA members – send your thoughts, questions, or suggestions to the UARA and we will forward them to the committee. Please use email (uara@arizona.edu), or regular mail (PO Box 42391, Tucson, AZ 85733). The planning committee would especially like to know how many retirees might be interested in joining and what activities/features would be most desired.

UA PRESENTS —Tickets on sale now for Guys and Dolls at Centennial Hall February 24 through March 1st.
UARA WINTER LUNCHEON RESERVATION
Thursday, JANUARY 29, 2015
TANQUE VERDE RANCH LUNCHEON BUFFET

Return this portion, and print name as you would like it on the nametag:

Retiree/Surviving Spouse

Former Department

Telephone: __________________________ Email __________________________

Guest Name #1 __________________________

Guest Name #2 __________________________

Guest Name #3 __________________________

Enclosed is a check for $______ made payable to UARA ($25.00 per person).
Mail check & top portion of this form to: Trudy Jacobson, PO Box 42391, Tucson AZ 85733
(cut along line) ===========

UARA WINTER LUNCHEON BUFFET
Thursday, JANUARY 29, 2015
TANQUE VERDE RANCH
14301 East Speedway
KIVA Dining Room

Doors open at 11:30 a.m. Lunch begins at Noon

THE LUNCHEON IS A SELF-SERVE BUFFET OF VARIED ENTREES, VEGETABLES, SALADS, BREADS, BEVERAGES, AND INCLUDES A GENEROUS ASSORTMENT OF DESSERTS.

Directions – Proceed to the east end of Speedway Blvd. Allow 20 minutes from Wilmot Road. At the end of Speedway, you will see a sign announcing TANQUE VERDE RANCH. Turn left and continue to the parking area. Follow the crowd to the dining area. Stop at the registration desk (first building) if you need assistance. Phone: 520-296-6275

PLEASE MAIL YOUR RESERVATION FORM BEFORE JANUARY 25, 2015
Your check guarantees your reservation. ($25.00/person).
No portion of this cost is tax deductible.
No refund is possible unless the cancellation request is received 3 days prior to the event.
Questions, attendance issues/cancellation requests, contact Trudy Jacobson at 325-4366.

We look forward to seeing you!
University of Arizona Retirees Association
P.O. Box 42391, Tucson, AZ 85733
2030 E. Speedway Blvd #112
Phone: 520-325-4366 (If busy or no answer, call or text cell phone 520-982-7813)
e-mail: uara@arizona.edu, web: uara.arizona.edu

Office Hours: Summer: June 1 to July 31, Wednesday 10-12
Winter: August 1 to May 31, Tuesday 9-1 and Thursday 1-5
Office Manager: Trudy Jacobson

Editor: Trudy Jacobson Layout Coordinator: Jane Dugas

<table>
<thead>
<tr>
<th>Executive Committee</th>
<th>Activities</th>
<th>Scholarship</th>
<th>Scholarships</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Jim Barrett</td>
<td>Betty Atwater</td>
<td>UARA 35th Anniversary</td>
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<td>Rose Perrill</td>
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<td>President-Elect</td>
<td>Ruth Eskesen</td>
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<td>UARA Appointed Professionals</td>
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<td>Ruth Eskesen</td>
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<td>Advisory Council</td>
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<td>Past-President</td>
<td>Jane Dugas</td>
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<td>Tom Rehm</td>
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UA Human Resources
Mike Krebbs

UA University Relations
Mary Laughbaum

UA Staff Advisory Council
pending

Webmaster
Nancy Shiley