HAPPY SPRING!

UARA DAY AT THE BALLPARK
SATURDAY, APRIL 26
HI CORBETT FIELD, UA VS ASU
*****

FALL LUNCHEON
THURSDAY, OCTOBER 23, NOON
HACIENDA DEL SOL
*****

WINTER BREAK 2014-2015
SPECIAL BASKETBALL PACKAGE

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OFFICER ELECTION TIME
The BALLOT for FY 2014-2015 UARA officers is on page 7. Please mail it in to the UARA office by April 30 (mailing address on back page). Thank you.

CONGRATULATIONS NEW UA RETIREES and WELCOME to the WORLD of RETIREMENT! WE HOPE YOU WILL JOIN UARA ... IT’S YOUR ASSOCIATION! See How to Join UARA, page 2.

SPRING LUNCHEON
by Jane Dugas, Luncheon Coordinator
For those new to UARA, we plan three luncheons per year...Winter, Spring and Fall. On March 27th our Spring luncheon venue was at the newly renovated Tucson landmark, Lodge on the Desert. Chef Marcus and his culinary team prepared a delicious three-course meal that was enjoyed by 65 attendees. UA Head Football Coach, Rich Rodriguez, was an excellent and animated speaker. UARA President and Emcee, Rose Perrill, did a great job, as usual. Several prizes were won, including two sets of football tickets donated by UA Athletics. This was one of our best-ever events!

BRING YOUR APPETITE! FALL LUNCHEON, OCTOBER 23, 2014
The next luncheon is planned at historic Hacienda del Sol. We are excited to add this new venue to our luncheon program. Please note parking includes a turnaround area for dropping off guests, and free valet parking is available. Speaker: Teri Lucie Thompson, UA Senior VP for University Relations and Chief Marketing Officer. Details in Fall Newsletter.

CONGRATULATIONS TO THE 2014 RECORD-BREAKING UA BASKETBALL TEAM, WITH THANKS TO COACH SEAN MILLER

BEST start in school history, 17-0, January 12
MOST weeks as No. 1 in the country, January 20
SEVEN weeks in a row as No. 1 in the country, as determined by AP top 25
NCAA tournament participants and No. 1 SEED in the West
NABC first-team All-America Honor to Nick Johnson Collects

MEMBERSHIP RENEWALS
If your address label reads “Exp. June 2014” you will receive a blue renewal postcard this spring. Life Members and those who have a later expiration date will not receive a renewal notice. Thank you for your membership.

CONTACT US:
Email: uara@arizona.edu
Website: uara.arizona.edu
Phone: 520-325-4366
Cell Phone: Call/text 520-982-7813
Mailing Address: UARA, PO Box 42391 Tucson AZ 85733
President’s Message—April 2014
Greetings from Rose
by Rose Perrill, UARA President 2013-2014

This year has flown by and it’s hard to believe that this is the third Newsletter for 2013-2014. It has truly been a pleasure to serve as your President.

Another scholarship has been added this year from our Association to be awarded to a Junior or Senior level student. We are very proud of this accomplishment and grateful for the donation to this important cause. Another accomplishment for this year has been the formation of an alliance with the Pima Council on Aging and TMC Senior Services. This will benefit us greatly as their membership is much larger than ours and they have facilities that will help to support the seminars for next year’s plans.

I would like to thank the Advisory Council of UARA for their support this past year and their attendance. I would also like to personally thank Suzanne Van Ort, and I am grateful for her expert advice. Of course, Tom Rehm is the constant observer of the finances and that is always greatly appreciated.

The Advisory Council is beginning to focus on change to help generate more membership and try to involve more people in attending the activities and programs that are presented. We welcome your input to these meetings. In April, we will be re-discussing the current By Laws to better fit the “new age.” The By Laws state that we can have two additional people appointed to the Executive Committee to assist in some of the decisions made for this Association.

Our May meeting will not have a speaker, but rather a planning session of how to better serve you and us to make this Association more viable.

As we age, change seems to be more difficult. However, in order for this Association to continue, change is going to be inevitable. If you know of individuals who have retired but not yet joined, please encourage them to do so. All of the retiree benefits we enjoy have been made possible by this Association.

Next year we celebrate our 35th year! As we look forward to the future we will also be remembering the past and all of the accomplishments. Thank you again for a good year.

UARA Day at the Ballpark –April 26
UA vs ASU Baseball
Hi Corbett Field (last weekend before the finals). Time TBA. Tickets only $4.00 each (no limit on tickets), bring the grandchildren! Mail checks payable to UARA to the office by April 18. (see back page for mailing address).

Winter Break 2014-15 (mark your calendars)
The Special Basketball Package will be offered again. Great seats, in Zona Zoo right above where the band usually sits. (students will be gone, as the package is offered during the Winter break). The 4-game package will be discounted for UARA members and guests. Prices and exact dates will be in the Fall edition of this newsletter.

Pima Council on Aging News
Volunteer Opportunity for PCOA program
by Laura Balis
OASIS Catch Healthy Habits Coordinator

Do you want kids in your community to eat better and exercise more? Volunteers age 50+ are needed to help kids get healthy! Attend this training to become a CATCH Healthy Habits volunteer. CATCH Healthy Habits is a summer and after-school program that connects adults age 50+ with kids in grades K-5 to learn about good eating habits and play active games. Participating in CATCH Healthy Habits helps you and kids stay active, fight obesity, and have fun! As a volunteer, you will:

- Provide a health lesson. Help kids learn about healthy choices through hand-on activities.
- Prepare a healthy snack. Make and share a healthy, fun snack with kids to promote good nutrition.
- Play games! Lead kids through a variety of fun games to boost physical activity.

MEMBERSHIP How to Join?
Visit the website uara.arizona.edu and click on “Membership/join or rejoin”, or, contact the UARA office. Fees: $20 one year; $80 five years, or $250 Life Membership. If your mailing label reads “Exp June 2014”, please mail in your dues as soon as possible.
**Legislative Update**

by Ruth Eskesen, Chair, Legislative Committee

**ASRS 2014 Legislative Initiatives.** Seven ASRS legislative initiatives were introduced in the Arizona Legislature for consideration during the second regular session that began this January. The status of those bills as of Tuesday, March 25, is as follows:

**HB2017: ASRS; Defined Contribution Plan.** Makes technical changes to the Defined Contribution Plan established in the 2013 session for public safety personnel who were ineligible for the Public Safety Personnel Retirement System (PSPRS) because they do not perform hazardous duty but are also ineligible for ASRS because their position is not covered by the employer’s Social Security Section 218 Agreement. Passed House (56-0) on February 3 but never heard by the Senate Finance Committee. (NOTE: HB2017 was to be withdrawn from the process if HB2050 becomes law.)

**HB2050: ASRS Membership; Section 218 Requirements.** Removes the requirement that an employee must be covered by their employer’s Social Security Section 218 Agreement to be eligible for ASRS membership and repeals the ASRS Defined Contribution Plan established in the 2013 legislative session. Passed House (60-0) on Feb. 18. Senate Finance Committee recommended a Do Pass on Feb. 27 and awaiting floor action by the full Senate.

**HB2018: ASRS; In-Service Distributions.** Permits a member of ASRS whose retirement date is on or after Jan. 1, 2015, to retire without terminating employment if that member is at least 62 years of age and no longer meets the requirements for active membership. Effective Jan. 1, 2015, if any other retired member returns to direct employment with any ASRS employer within 30 days after the member’s retirement date, ASRS is required to suspend the member’s retirement benefits unless the member is age 62 or older at normal retirement and is employed for less than the hours required for active membership. Passed House (56-0) on Feb. 3. On March 20, Senate Finance Committee used the bill as a vehicle for a non-retirement related ‘Strike-All Amendment.

**SB1082: ASRS; Employee Background Checks.** Authorizes the ASRS Director to conduct criminal record checks for current or prospective ASRS employees and to conduct credit checks for accounting, investment and other finance-related ASRS employees. If credit checks are to be implemented, ASRS must first establish a policy on how those checks would be performed and how information would be relayed to an employee. Passed Senate (29-0) on Feb. 3. Received a Do Pass recommendation from the House Gov’t Committee and is awaiting floor action by the full House.

**SB1083: ASRS; Applicable Interest Rate; Definition.** Places in stature current practice in determining the “applicable interest rate” for specified actuarial adjustments for ASRS benefits. Makes technical IRS conforming changes. Passed Senate (28-1) on Feb. 3. Received a Do Pass recommendation from the House Insurance and Retirement Committee and is awaiting floor action by the full House.

**SB1084: ASRS; Long-Term Disability Compensation.** Clarifies how ASRS calculates compensation for LTD benefits. ASRS is proposing to change the language to conform to the current process which is more reflective of the member’s salary at the time of disability. Changes the statutory definition of "monthly compensation." Passed Senate (16-0) on Feb. 13, and House Insurance and Retirement Committee recommended a Do Pass on Feb. 26. Awaiting further action by the full House.

**SB1085: ASRS; Long-Term Disability Program.** Currently an ASRS member placed on LTD receives 66-2/3% of their salary for twenty-four (24) months if they are disabled from their job. After two years if they are disabled from doing ANY job they are deemed to be disabled and continue receiving 66-2/3% of their pre-disability salary. ASRS is asking the legislature to change the income replacement after the first 24 months of disability from 66-2/3% to 60%. Passed Senate (16-13) Feb. 3 on party-line vote. SB1085 as a stand-alone bill is dead for this legislative session since it was not heard in the assigned House committee (Ways and Means) by the deadline date (Feb. 21).

**OTHER 2014 ASRS-RELATED LEGISLATION**

**HCR2001: Public Retirement Systems.** The 2014 general election ballot would carry the question of whether to amend the state Constitution (Article 29) to provide that the Constitutional provision prohibiting public retirement system benefits from being diminished or impaired does not prohibit increases in member contributions or reductions in member benefits that are consistent with generally accepted actuarial standards and that are in the interest of the financial stability of the system. HCR2001 was not heard in the House Insurance and Retirement Committee by the deadline date (Feb. 21) and is presumed to be dead for this legislative session.
Legislative Update (continued…)

HB2203: ASRS; PSPRS; Board Membership
Would increase the number of members and modifies the membership of the Arizona State Retirement System Board and the Public Safety Personnel Retirement System Board of Trustees. The proposal would require that the ASRS board must have one employee of an employer in a county of 500,000 or more persons and one employee of an employer in a county of 500,000 or fewer persons. Also would increase the number (from 4 to 6) of members who must have ten years of significant investment experience. Passed House Insurance and Retirement Committee January 21, (5-3) on party-line vote. Retained on the House Committee of the Whole (COW) calendar and now presumed dead for the current legislative session.

HB2058: Public Pensions, Limit on Compensation
Would cap at the first $150,000 of a member’s earnings that can be used to determine contributions to the pension system. (Potential fiscal impact: ASRS would collect less in contributions and, if this cap is implemented, members earning less than $150,000 would pay a greater percent of their income compared to members earning more that the cap amount.) If passed, the cap will apply only to future members. Passed House (33-26) on Feb. 24. The Senate Finance Committee recommended a Do Pass on March 19.

For UARA members interested in more detailed information about retirement-related legislation and/or wishing to follow a bill through the legislative process, ASRS’s Bill Tracker is an excellent on-line resource. (Step 1: Go to AZASRS.gov.; Step 2: Under Here’s What’s New, click on 2014 ASRS Bill Tracker. Information is updated daily.

Scams Aimed at Senior Citizens Abound
by Trudy Jacobson, Editor

The good news concerning fraud in Arizona: Our state recently went from #2 in the county down to #8. The bad news is that $1.5 million was lost to fraud last year by Pima County residents!

That alarming amount of money is just what is known about from reports. Fraud is a very under-reported crime; naturally, people are embarrassed and humiliated and tend to not report it.

You don’t need to become a victim, though. “You need to protect yourself on a primarily level,” says Detective Brian Greeno, a fraud detective at the Pima County Sheriff’s Department. Do what you can, he advises, starting with a healthy suspicion of things that just don’t “seem right”. For example, he said, there is a scam called The Unknown Caller where someone tries to knock you off balance and get you to send money. They might say that “your grandson” is in a foreign country and needs money. Sometimes they even have people say “Hi, Grandpa.” Who would fall for such a thing? Lots of people. Don’t fall for it. Just hang up. Here are more current scams aimed at senior citizens:

The Lottery Scam
Someone calls you and says you have won the lottery, and you need to pay your taxes in advance, or you need to send a “processing fee” with all your information. That’s not the way it works.

Bogus Bill Collectors
They call and say you owe money to them and if you do not pay, they will have you arrested. They might even say they are sending the police to arrest you. Det. Greeno assures everyone that would never happen.

Enterprise Fee Scheme
This is the top online scam as determined by the BBB. The most famous is the Nigerian Letter, an unsolicited request for financial assistance in exchange for a great deal of money. The money is requested up front, and the investor never hears from them again.

Virus in an Email Attachment
Never open an email attachment you were not expecting, says Det. Greeno, it could bring a virus with it. In addition, he advises anyone with a computer to have a serious virus blocking security system. In addition, he says, be selective about whom you give your email address. Limit how much information you give people. “Have you Googled yourself lately,” he asks? It’s pretty surprising what you will find.

Det. Greeno recommends checking your accounts 3-4 times a week. That is the best way to protect yourself, to keep on top of your accounts. If someone appears at your door, don’t answer it, he says. Someone calls you? “Just hang up on them,’ he advises.

For more information on scams and fraud, go to our web page, uara.arizona.edu; click on the links.
**UA Scholarships—UARA**

**Irving Yall Book Scholarship**
This scholarship is awarded for the purchase of books to an undergraduate student with demonstrated financial need.

**Van Ort UARA Undergraduate Scholarship**
This scholarship is awarded to an upper division undergraduate student who is currently enrolled full time in a health-related major and who has a career focus on healthy adult aging.

**The UARA T. R. Rehm Graduate Scholarship**
This scholarship is awarded to a graduate student who is admitted to a graduate program and who is pursuing study related to aging issues.

Donations qualify as charitable contributions and are tax deductible to the extent permitted by law. Retirees are encouraged to make contributions to any or all of the funds. Assisting students in their endeavors to pursue undergraduate and graduate study is a positive way to have a continuing impact on the institution with which we, as retirees, were and continue to be associated.

Your contribution could be made in honor or memory of a loved one.

Checks should be made payable to The University of Arizona Foundation, specifying the UARA Irving Yall Book Scholarship Endowment, the Van Ort UARA Undergraduate Scholarship Endowment, or the UARA T. R. Rehm Graduate Scholarship Endowment.

Complete the form found on-line at [http://uafoundation.org/](http://uafoundation.org/) and mail your gift to the UARA Treasurer, University of Arizona Retirees Association, P.O. Box 42391, Tucson, AZ 85733.

(Click on “Find a Gift Opportunity,” then click on "Giving Search," then type YALL, VAN ORT or REHM, in the designation space, then complete the form).

**A Word From A UARA Scholarship Awardee**

by Elizabeth Bukoski, Graduate Student in Educational Psychology

(Editor’s note: Elizabeth Bukoski is a two-time recipient of the UARA TR Rehm Graduate Scholarship. Part of her research includes the effect of social interaction on the health and well being of the aging population).

The scholarship money I received was used for tuition and fees not covered by the Dept. of Educational Psychology and teaching assistant benefits. Tuition coverage provided me the opportunity to work closely with my advisor developing a research plan fulfilling the requirements of my master’s thesis in Educational Psychology. Along with working on my research goals, I also took the required statistics and classroom learning classes to earn my degree.

The past fall semester focused on annotating research articles relevant to aging and group collaboration to form research questions. Using social support from other individuals to recall or remember information has been shown to be beneficial for older adults. Relying on group social support as individuals age to compensate for cognitive declines due to aging is one possible explanation for the benefits group collaboration has on recalling information. Another explanation is that both older and younger adults benefit from group collaboration because individuals working in groups can remind each other of the information one group member forgot.

This spring, I’m working on designing an experiment that tests if older and younger adults do in fact benefit from group collaboration due to social cuing and whether or not the benefits are long-term. Also, I’d like to see if the benefits of group collaboration extend past laboratory experiments and could be useful in classrooms or realistic learning situations. My greatest research accomplishment has been working with my advisor on designing collaborative tasks that will work in a classroom outside of the laboratory but also yield experimental results.

Hopefully, during the coming year with the scholarship money, I will be able to gather pilot data to this end. The money will be used to help with costs of the pilot study including copier fees to make necessary consent and experiment forms for around eighty participants. The remainder of the funds will be used for educational-related expenses like tuition and fees not covered by the department.

**Material for the UARA Newsletter is always welcome, subject to Executive Committee approval, and we encourage you to send your articles to the editor.**

*The Newsletter is published three times a year: Fall, Winter, and Spring, and is mailed only to paid UARA members.*
UARA SHUTTLE TOUR. A dozen UARA members and guests enjoyed a shuttle tour of the UA campus on March 18. The tour was presented by the UA Visitor Center and featured a very knowledgeable guide, Wendi Rountree. Of particular interest was the construction at Old Main (soon to be the UA President’s Office) and the trolley tracks. After the two-hour ride, participants were able to stroll around University Blvd. and become reacquainted with University Square. If you would like to see how much the campus has changed, the tour will be offered again next year during Spring Break.

Modern Streetcar Update

by Marcela Taracena, PTS Marketing Intern

UA Parking and Transportation (PTS) is pleased to announce that the expected start date is set for this summer, 2014. The Sun Link modern streetcar is in its final stages before being available for public use. Four cars have been delivered and Tucson is awaiting the delivery of the last four. All construction has finished and the artwork placed at the streetcar stops has also been installed. Streetcar safety classes have been available for utility workers and for the general public, and these classes teach the proper safety procedures.

A streetcar celebration was held in January as the first of several monthly celebrations to promote the streetcar to patrons of shops, restaurants, and entertainment and cultural attractions along the Sun Link streetcar line. For more information on the Tucson Modern Streetcar, visit the website http://www.tucsonstreetcar.info/

Better Than Ever (BTE) is a grass-roots effort by the UA Cancer Center designed to encourage participants to make exercise a regular part of life, and work to prevent cancer. They meet up each week to run, walk or bike as they train for local goal events, and raise funds for cancer research. They offer a welcoming, non-competitive atmosphere for all fitness levels. The focus is on prevention, so you don’t need to be a cancer survivor to participate. They want you to help you feel "Better Than Ever!" Contact Marisa Allen at 626-7177, or see Website: http://azcc.arizona.edu/outreach/bte/information

New UARA member, Rocky LaRose, was named as Honorary Race Chair for the annual Susan G. Komen Race for the Cure, held on March 30, 2014, on the UA Campus. Rocky, an inspiring local breast cancer survivor and long-time Race for the Cure supporter, retired from her position as the UA Deputy Director of Athletics in 2013. Rocky’s accomplishments at the UA include being crowned Home-coming Queen in 1978 and serving as the first woman to be appointed as the Athletics Director in UA history. “I am honored and humbled to serve as this year’s Race Chair. The Race for the Cure is vital to raising funds for women and men in our community who don’t have the financial resources that others are so fortunate to have," said Rocky. Rocky faced her own hardships battling cancer but she says, “It’s important to me to support the men and women facing the challenges that come with cancer. As a survivor I share with them a common bond and a feeling of hope and promise that helps all of us move through the difficulties that cancer brings into our lives. For more information, visit: www.komensaz.org

UA Cares Campaign. These are some of the many UA employees who volunteered to represent their departments in the 2013 UA Cares Campaign.

- Total retiree contributions to United Way: $3,690;
- Total retiree contributions to UA Foundation: $1,849;
- $400 to UARA TR Rehm Graduate Scholarship;
- $550 to UARA Yall Scholarship Fund;
- $275 to the UA Employee Emergency Fund.

You will receive a pledge letter for the 2014 Campaign from UA Cares this Fall. You can designate your donation to go to any or all of our 3 UARA scholarship funds (see page 5).

Public Media Needs You! Are you interested in helping public television? You can become a part of it by volunteering a few hours to answer phones during one of the upcoming AZ Public Media Pledge drives. There are also some radio pledge drives coming up. Potential dates for a group of UARA volunteers to assemble at the Modern Languages Building for a shift at answering phones: August 2-10, and November 29-December 7. If you would like to join us in this volunteer effort, please contact the UARA office.
Candidates for Office—Biographies

**Rose Perrill – President**
Rose worked for the UA from 1976 until 2007, predominantly in the College of Medicine. Most of her time was spent in writing grants and doing clinical research on gastrointestinal related diseases. From 2000-2007, she worked in the College of Public Health, Dean’s Office, and “pushed paper”. She was UARA secretary from 2009 until 2013, and then elected President for 2013-2014. With a B.S. degree is Education and minors in music and psychology, she briefly taught in Texas and Arizona. She taught voice to “Up with People” cast members, as well as private students. She directed a children’s choir for 11 years, bell choir for four years, and men’s choir for four years at Northminster Presbyterian Church in Tucson. She also actively sang in their Sanctuary Choir since 1972, where she was one of the lead soloists. Rose performed with the S. Arizona Light Opera Company as a soloist in “The Sound of Music” and “Camelot” and was a backstage musical director.

**Ruth Eskesen-President-Elect**
Candidate for UARA President-elect Ruth Eskesen retired from the UA on June 30, 2001. She joined UARA as a life member upon retirement and has served on the Advisory Council since 2011 as the Legislative Chairperson. Appointed to the faculty of the College of Nursing in the fall of 1993, she was subsequently named to the positions of Coordinator of Graduate Student Affairs and Assistant Dean for Student Affairs at the College. In addition to her responsibilities at the College of Nursing, she has served on the Pima County Board of Health, the Arizona State Board of Nursing, and as Legislative Chair for the Arizona Nurses Association. Prior to joining the University community, she served two 2-year terms in the Arizona House of Representatives.

**Nancy Shiley-Secretary**
Nancy retired in July 2001, after working at the University of Arizona for almost 40 years. Jobs included: Manager, Accounts Payable, Business Manager, Telecommunications, first administrator of the Purchasing Care Program, plus others. Volunteer work included: facilitator in the Alternatives to Violence Program (conducting conflict resolution workshops in prisons), assistant to field Case Workers in an agency that helps the homeless, feeding and cleaning cages in a wild animal shelter off Silverbell Road, and selling tshirts at concerts for Odaiko Sonora, a local Japanese drumming group. Nancy is currently without a volunteer job, so hopes to be able to serve UARA as secretary this year. She is grateful to UARA for all they do for retirees.

**Tom Rehm - Treasurer**
Tom is a Professor Emeritus of Chemical Engineering at the UA, where he worked 32 years. He earned his PhD from the University of Washington. He is a retired US Air Force officer. Besides being an avid birder, he currently builds displays for the Pima Air and Space Museum as a volunteer, and serves as treasurer of the Vactor Ranch Community Association. Tom has traveled in all 50 United States and 24 other countries. His family home for 68 years is on San Juan Island, Washington.

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**UARA Ballot - April 2014**

This ballot can be mailed to UARA ,or completed electronically on our web page, uara.arizona.edu (but not both!). Please complete all submissions by Wednesday, April 30. Mail ballots to UARA, P.O. Box 42391, Tucson, AZ 85733. See above the brief biographies for each candidate.

- **o President: Rose Perrill** Write-in candidate*
- **o President-elect: Ruth Eskesen** Write-in candidate*
- **o Secretary: Nancy Shiley** Write-in candidate*
- **o Treasurer: Tom Rehm** Write-in candidate*

*Write-in names must be authorized by the candidate.
University of Arizona Retirees Association
P.O. Box 42391, Tucson, AZ 85733
2030 E. Speedway Blvd #112
Phone: 520-325-4366 (If busy or no answer, call or text cell phone 520-982-7813)
e-mail: uara@arizona.edu, web: uara.arizona.edu

Office Hours:  
Summer: June 1 to July 31, Wednesday 10-12
Winter: August 1 to May 31, Tuesday 9-1 and Thursday 1-5

Office Manager: Trudy Jacobson

Editor: Trudy Jacobson  Layout Coordinator: Jane Dugas  Webmaster: Roger Caldwell

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