AUTUMN IS HERE!

FALL LUNCHEON
THURSDAY, OCTOBER 23, NOON
HACIENDA DEL SOL
RSVP, SEE PAGE 11

*****

FALL EDUCATIONAL SEMINAR
“NAVIGATING THE HEALTH CARE SYSTEM AS WE AGE”
FRIDAY, NOVEMBER 14, 10AM
TMC SENIOR SERVICES
RSVP, SEE PAGE 3

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UPCOMING LUNCHEONS—BRING YOUR APPETITE!
by Jane Dugas, Luncheon Coordinator

FALL 2014 LUNCHEON, THURSDAY, OCTOBER 23
Historic Hacienda del Sol is the setting for our Fall luncheon this year. This is a new venue to our luncheon program, and we anticipate an enjoyable event. Expansion renovations are underway but there will be designated areas to drop off guests, and valet parking is available. A reservation form is included on page 11. Please plan to join us!

Our featured speaker is Ms. Teri Lucie Thompson, University of Arizona Senior VP for University Relations and Chief Marketing Officer. Ms. Thompson is responsible for the institution’s marketing, communications, and stakeholder relations—media, legislative, and community, as well as Arizona Public Media. An early adopter of non-traditional marketing, Ms. Thompson has been a pioneer in segmented marketing, and receiving national recognition as an innovative marketer. She is author of “Tuning into Mom: Understanding America’s Most Powerful Consumer” (2011).

WINTER 2015 LUNCHEON, THURSDAY, JANUARY 29
We think you will be pleased that the rustic Tanque Verde Ranch is once again the location for our Winter luncheon. A buffet offers a wide variety of savory fare, including salads, breads, vegetarian and traditional entrees, and a mouthwatering assortment of desserts. This venue has been a favorite among our members and guests. More details to follow in the January Retiree News.

SPRING 2015 LUNCHEON, THURSDAY, MARCH 26
We will be returning to the Lodge on the Desert for a tasteful three-course meal created by Chef Marcus. A special guest speaker will be invited. In early March, a postcard announcement and RSVP form will be mailed to members.

UARA FALL EDUCATIONAL SEMINAR
for location and reservation, see announcement on page 3 ...

CONTACT US:
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HOW TO JOIN UARA!
Visit the website uara.arizona.edu and click on “Membership/join or rejoin”. Or, contact the UARA office (see last page).
Fees are: $20 one year—$80 five years

Remember to VOTE—November 4, 2014
Welcome to another academic year! You know, UARA exists to serve and advocate for UA retirees. The Executive Committee and Advisory Council are working closely to move us forward in addressing retiree issues. We encourage you to attend UARA Advisory Council meetings, educational seminars, and luncheons.

**Monthly Advisory Council Meetings:** We will have six meetings per year (as stated in our current By Laws), including some invited speakers. This year we will be meeting on Tuesdays in Room 2343 of UAMC from 9:00-11:00 am. Our meetings will run October through April (except Dec.). There is a Zone 1 parking lot southeast of the building. Refreshments will be served. Scheduled dates are:

- **October 14, 2014**
- **November 18, 2014**
- **January 13, 2015**
- **February 10, 2015**
- **March 10, 2015**
- **April 14, 2015**

These meetings will focus on the 2014-2015 Goals & Objectives, as we continue to seek, and need, more involvement from the general membership. Our meetings are open. Your ideas, comments, and concerns could stimulate discussions and suggestions for current and future solutions to various issues. This is a great time to come together to learn more about your organization. Please consider becoming more involved in UARA!

**Luncheons:** We hope you can plan to attend our Oct. 23 luncheon at Hacienda del Sol, and don’t forget our Jan. 29 luncheon at Tanque Verde Ranch, a preferred venue for our members.

**Fall Educational Seminar:** On Friday, Nov. 14, UARA/TMCSS will co-sponsor a timely and highly important educational seminar entitled “Navigating the Health Care System as We Age”. The seminar will provide vital and basic information about the issues/trends, processes/regulations, and potential problems encountered when decisions have to be made quickly regarding continuing care following hospital discharge of a loved one. The intent is to focus on short-term, skilled care needed for the purpose of rehabilitation and recovery following an unexpected health event and factors influencing choices in that care.

**Anniversary Celebration in 2015:** UARA will be celebrating its 35th anniversary next year! During the Spring luncheon at the Lodge on the Desert, we are planning to invite a special guest speaker and provide entertainment to celebrate UARA’s accomplishments. We invite you to join us!

**New UA Retirees Attend Annual Retirement Dinner**

By Trudy Jacobson, Editor

Seventy-five new UA retirees and their guests attended the Annual Retirement Dinner on May 21 at the Student Union. Each retiree had their picture taken with President Hart and received a gift of an afghan throw embellished with the block “A”. Among the table prizes were gift-wrapped copies of “A Photographic History of the University of Arizona 1885-1985” by former UA Librarian and Historian Dr. Phyllis Ball.

Following the hors d’oeuvre and beverage service, attendees enjoyed a Mexican food buffet dinner. Guitar music was provided by Kathy Acosta Zavala.

Several UARA members attended in order to introduce the new retirees to our organization. Past-President, Suzanne Van Ort, welcomed them from the podium.

Every retiree was asked beforehand, “what was your proudest moment at the UA” and each person’s response was announced when they were presented with their gift. Many people stated that their “moment” was in 1997 when the Arizona Wildcats won the NCAA Basketball national championship. Several members of the faculty and staff said their proudest moments were “every moment they spent with students...that’s what we were here for.”

All retirees can be proud of their contributions to the university, the students, and colleagues, and themselves, and will always be part of the UA.

**Results of UARA Ballot**

Thank you to all the UARA members who voted in the Spring 2014 election. Officers for 2014-15 are:

Rose Perrill (President)
Ruth Eskesen (President-Elect)
Nancy Shiley (Secretary)
Tom Rehm (Treasurer)
THE UNIVERSITY OF ARIZONA RETIREES ASSOCIATION
In cooperation with Tucson Medical Center Senior Services
presents
FALL EDUCATIONAL SEMINAR
Open to the public
“NAVIGATING THE HEALTH CARE SYSTEM AS WE AGE”
Expert panelists will present vital information concerning the issues, regulations, and problems encountered when the elderly are faced with the need for ongoing recovery care following hospital discharge whether at home or in an extended care or rehabilitation setting.
A question and answer period will follow.
FRIDAY, NOVEMBER 14, 2014
10:00 A.M. – 12:00 P.M.
TUCSON MEDICAL CENTER SENIOR SERVICES AT THE EL DORADO CAMPUS
1400 NORTH WILMOT ROAD, SENIOR SERVICES CLASSROOM
Please RSVP on or before Friday, November 7, by calling the TMC Senior Services Reservation Line at 520-324-4345.
Space is limited. Reservations are necessary. For more information, call or text Trudy Jacobson (UARA) at 520-982-7813 or email uara@arizona.edu
Jennifer Salazar is a pre-physiology student from Yuma entering her sophomore year at the UA. She stated that she has a passion for the medical field and hopes to attend medical school after completing her undergraduate education. During her freshman year Jennifer volunteered with the ASUA Student Health Advocacy Committee, the Cesar Chavez Foundation and the Flying Samaritans. Also she is a member of SMORES, a sophomore honorary that hosts philanthropic events throughout the UA community in addition to being devoted to academics. As one of three children whose parents came from Mexico in the 1980s, Jennifer is a first generation college student. She is very appreciative to have such determined parents who value the importance of higher education. “Regardless of the price tag, I have a single goal in life and that is to fully demonstrate to my mother and my father that everything they have done, all the sweat, the tears, and the lack of sleep, was completely worth it.” When she learned that she had received a UARA scholarship, Jennifer wrote, “I feel so fortunate and sincerely appreciate your generosity in funding my pursuits toward a higher education.”

Callie Wong is a sophomore majoring in Psychology. She plans to pursue a career in healthcare either as a nurse or as a physician. With this goal in mind, she participated in the Pima County Joint Technical Education District (JTED) program’s Healthcare Foundation classes during high school. This included a yearlong JTED nursing program during her senior year involving a clinical rotation in a long-term care facility. Callie graduated from high school with honors and became a Certified Nursing Assistant. In her freshman year at the UA, she volunteered at the Tucson Meet Yourself event and worked with the Ben’s Bells and Spring Fling projects as a member of the Physiology Club.

As the youngest of nine children, Callie stated that her hard working older siblings and parents have served as good role models and are a large influence in her life. Upon being notified she was a UARA scholarship recipient, she wrote “The Irving Yall Book Scholarship will have a meaningful impact in my life because it will allow me to access the books and materials I need to develop a stronger academic foundation for my future. I am truly thankful for your support.”

How to Donate
Retirees are encouraged to make contributions to any of the funds. Assisting students in their endeavors to pursue undergraduate and graduate study is a positive way to have a continuing impact at the UA. Donations qualify as charitable contributions and are tax deductible.

Checks can be made payable to The University of Arizona Foundation, specifying the particular scholarship you wish to donate. Complete the form found at http://uafoundation.org/ and mail your gift to the UARA Treasurer, c/o UARA, P.O. Box 42391, Tucson, AZ 85733.

Your contribution could be made in honor or memory of a loved one.
UA Offers Bachelor of Arts in Law; 1st in US!
Starting this fall, the UA will be the first university in the country to offer a Bachelor of Arts in Law degree. The new degree is product of a partnership between the College of Law and the School of Government and Public Policy in the College of Social and Behavioral Sciences. The courses will prepare students for careers in which a strong knowledge of law is advantageous and focus on obtaining legal skills for supporting lawyers. These include careers in city planning, business management, health care administration, human resources, policy analysis and others. More information is available at sgpp.arizona.edu/bachelor-law.

Tobacco-free Campus Instituted
The UA campus went tobacco-free as of August 15. Tobacco use in all UA buildings and properties is now prohibited, although smokers can light up in their own cars. The UA joins more than 1,300 smoke-free campuses across the nation. Prohibited products include those that contain tobacco or nicotine, including cigarettes, e-cigarettes, pipes, cigars, smokeless tobacco and water pipes. The UA Faculty Senate voted to endorse the policy last April.

American Indian Studies Becomes a Department
The UA has made its American Indian Studies Program a department, a change that allows for the development of a bachelor’s degree in the discipline. The UA was the first institution in the US to offer a doctorate in the field, and will now be able to offer a bachelor’s degree. As of July 1, the program moved from the Office of the Senior VP for Research to the College of Social and Behavioral Sciences.

New Veterinary Medical Program at UA
The UA is using a $9 million gift from the Kemper and Ethel Marley Foundation to establish a veterinary medical school and intends to enroll its first class in 2015. The new program will allow students from Arizona and elsewhere to obtain a veterinary medical degree in a shorter time and lower cost than is the usual. Most degrees of the kind cost $250,000, and the new degree will cost about half of that amount. The New Kemper and Ethel Marley Foundation Veterinary Medical and Surgical Program will be administered under the College of Animal Science and Comparative Biomedicine. Students will also train in Douglas, Yuma and other locations across Arizona. The UA will use $3 million of the gift to build, buy or adapt facilities in these cities, where vet students can be trained.

NIH Awards $2M Grant to Study Recovery of Language After a Stroke
An interdisciplinary team of UA researchers has received a $2,098 million grant to study recovery of language in the early phase of recovery after a stroke. The researchers will study language abilities in patients in the first 3 months of recovering from a stroke. It is expected that the findings will guide the development of treatments that will help patients regain as much of their language skills as possible. One of the most common and debilitating consequences of a stroke is the loss of the ability to speak, read or write. Collective referred to as aphasia, such acquired communication disorders affect about 1 million Americans. The 5-year grant is administered through the National Institute on Deafness and Other Communication Disorders (part of NIH).

UA Choral Groups Perform in Europe
The Arizona Choir and the UA Symphonic Choir performed on two of the world’s most well-known stages last May. The students performed at Vienna’s Musikverein and Prague’s Dvorak Hall at the invitation of the Varna International Music Festival. Bruce Chamberlain, the director of choral activities since 2000, said, “We put our students in two of the highest profile concert halls in the world, and the response from the audience as off the charts—standing ovations, multiple curtain calls.” He added, “It’s tough not to be inspired to do your best when you are standing on the same stage where Brahms and Mahler stood.”

For more information about any of these items, go to: uanews.org and search with a key word.

ARIZONA OPEN ENROLLMENT HEALTH PLANS
Open enrollment dates for plans effective January 1, 2015 are the same for ASRS and ADOA – October 27 through November 21.

Arizona State Retirement System (ASRS) will mail information packets about October 1 and the vendor will be United Health Care.

Arizona Department of Administration (ADOA) has not released information on who vendors are or when information packets will be mailed, but they expect it will be early October.

Your Tohono Chul, Tucson Botanical Gardens, or Tucson Museum of Art membership is honored at all three institutions!
**UA CARES — A Campaign for Community Giving**

**UA Cares** is THE UA’s annual workplace-giving campaign, providing UA employees with the opportunity to support UA services and programs, and the broader community. All UA retirees should be on the lookout for a letter this month from UARA President, Rose Perrill, and UA Athletic Director, Greg Byrne, who is the 2014 **UA Cares** Honorary Chair. The annual giving campaign helps university programs and local non-profits. You will be able to designate any or all of our three UARA scholarships for your donation. See page 4 for the announcement of this year’s UARA scholarship awardees.

**Parking and Transportation Services**

*by Mason Gates, PTS Marketing Intern*

On July 25th, Regional Transit Authority, and the Federal Transit Authority, celebrated the grand opening of Sun Link Streetcar at five different stations along the 3.9-mile route. The main event was held at the intersection of South 5th Avenue and East Congress Street, the epicenter of downtown Tucson. At least a thousand people braved the early morning heat to participate in the festivities. Hats, tee-shirts, visors, cookies, and various other goodies were distributed to onlookers to promote the Streetcar. Wilbur, Wilma, and the UA Pep Band crooned to help kick off the beginning of revenue operations. The UA presence and involvement were palpable; it was clear how indelibly the future of the Streetcar is conjoined with the UA. “No partner is and has been more essential to the Streetcar’s success than the University of Arizona,” remarked Tucson Mayor Jonathon Rothschild. Many PTS employees were also in attendance including Glenn Grafton, Bill Davidson, Mark Napier, and Dave Heineking.

*Note:* The Streetcar service to the UA football games runs every ten minutes until kick-off, and every 15 minutes during and after the game. It will run until 2AM for Friday and Saturday games.

**Record-Breaking Enrollment!**

Preliminary enrollment figures indicate that the UA has welcomed more than 10,000 new freshmen, transfer and returning undergraduates this fall. This includes the most diverse freshman class in UA history. More than 7,800 of those are new incoming students and, all told, 7,200 UA students will be living in on campus residence halls.

**UARA Member Inducted into Arizona Sports Hall of Fame**

**Rocky LaRose**, a 2013 Retiree from the position of UA Deputy Director of UA Athletics, has been selected to be inducted into the Arizona Sports Hall of Fame (2014 class) during Homecoming weekend. She worked at UA Athletics from 1980-2013. Congratulations, Rocky!

**100TH ANNIVERSARY OF UA HOMECOMING 2014**

Celebrate the 100th anniversary of UA Homecoming. Tens of thousands of Wildcats will return to the UA campus **November 6-8** for reunions, football game, tailgating, campus tours and more. Many activities are planned, including: Lighting of A Mountain; Special Display at the University Libraries: Wildcats for Life: 100 Years of Faces, Places, Traditions & Trends; All-Reunion Welcome Breakfast; The First Homecoming BBQ Bash; Pep Rally; Wildcat for Life Tailgating Party; Homecoming Parade; Arizona vs. Colorado Football Game.

For specific dates and times, go to: [http://www.arizona.edu/event/homecoming-2014-1](http://www.arizona.edu/event/homecoming-2014-1)

**UARA Special Holiday Basketball Package**

Cheer on the Wildcats and see the newly remodeled McKale Center! The UA Athletic Department is again offering UARA a block of basketball tickets as a special Holiday Package. Dates for the 4 game package have not been formalized yet, but they will be during the winter break (end of December, beginning of January).

The UARA Activities Committee has once again requested seats in section S19-S23, in the Zona Zoo student section. Through working with the UA Athletic Department, we are able to purchase these tickets 24 hours before the general public and at a special rate (not determined at press time).

If you are interested in the 4-Game Package, just let us know and we will call you as soon as the information becomes available. Please call or email UARA, leave your name and phone number (contact information on back page). We will notify you of the cost, dates and teams as soon as we can.
Authors Among Us—LAW PROF
by Kenney Hegland, Professor Emeritus, Law

“You get annoying when you’re bored.” My wife, Barbara Sattler, was working on her second novel, Anne Levy’s Last Case. She looked up from her computer; I had interrupted her three or four times in the last half hour with “Should I take the dog for another walk?” “No. Write a novel.” “What, Me Write a Novel?”

There’s a little Alfred E. Newman in all of us. I’ve written a lot of stuff – for law students on how to study law, for lawyers on how to try lawsuits, and for seniors on how to cope. But fiction? The last time I wrote fiction (although I didn’t know it was ‘fiction’) was in high school, short pieces about ‘cherry’ Fords and football games. My teachers were supportive; they never get the credit they deserve.

Ian McEwen on how he wrote his novel Atonement: “I started with a young girl walking across a room with flowers in her hand. Sentences became paragraphs and paragraphs became chapters. I knew I had started a novel but I didn’t know what novel it would be.”

I started with a law professor, sitting in his office, contemplating his life. Perhaps academic life is too safe, too predictable. He teams with his daughter to try a wrongful death case; paragraphs became chapters. He’s enthralled, perhaps too enthralled. What he used to think unethical is now routine. What’s becoming of him?

Do loved ones find you annoying? Is your dog exhausted? Three things. Don’t forget the story. Academics love ideas; ethics, literature, the history of legal education, and the development of law. I almost forgot that folks have to get an occasional donut.

Second, avoid stereotypes. I had my ex-cop investigator an alcoholic. “Yuck” said an early critic. George now prefers Buddha to Bud.

Finally, you don’t need to know where your young girl or old prof will end up. You’ll take strange turns and often be surprised. A novelist shakes his head, “I never thought she would marry him.”

Note: Professor Hegland has recently published, in addition to Law Prof, A Short and Happy Guide to Elder Law, A Short and Happy Guide to Being a Lawyer, and Introduction to the Study and Practice of Law (6th edition). Most of Professor Hegland’s books are available at Amazon.com. In addition, he published a short but informative book about Elder Law. See a book review on our website at http://uara.arizona.edu/books

Dr. Mindy Fain Honored with Endowed Chair and $1 Million Grant
by Jane Erikson, Department of Family and Community Medicine

UARA friend and supporter, Dr. Mindy Fain, has been honored with the UA College of Medicine – Tucson’s Anne and Alden Hart Endowed Chair in Medicine as well as a grant from the Donald W. Reynolds Foundation. The endowed chair was made possible by a gift of real estate to the UA by Anne Hart in memory of her husband, who died in 1967, the year the UA College of Medicine admitted its first students.

Dr. Fain also is principal investigator on a $1 million grant from the Donald W. Reynolds Foundation to train Arizona physicians who are not geriatricians to provide the best care for older adults. The UA Health Network has matched the grant with $300,000. It follows a $1.9 million Reynolds grant to the Arizona Center on Aging in 2006.

Dr. Fain is a professor of medicine and chief of the Division of Geriatrics, General Internal Medicine and Palliative Medicine in the UA Department of Medicine. She is co-director of the UA Center on Aging and the Arizona Geriatric Education Center. In addition, she was appointed to the Health Disparities Advisory Council.

Dr. Fain is working with an interdisciplinary team to establish a senior emergency room at the UA Medical Center – South Campus to provide care that is sensitive to the unique needs of older adults. Seniors would be cared for by physicians and staff who are specially trained to understand all aspects of common senior conditions.

A widely recognized leader in gerontology, Dr. Fain’s many responsibilities with the UA College of Medicine attest to her achievements in advancing health care for older adults. “The synergies between geriatrics and palliative care and the Center on Aging and the other programs are what make it so exciting,” she said.

Annual Plant Sale at the Desert Museum—Saturday, September 27th, 2014, 7:30 am - 3:00 pm

Material for the UARA Newsletter is always welcome, subject to Executive Committee approval, and we encourage you to send your articles to the editor. The Newsletter is published three times a year: Fall, Winter, and Spring, and is mailed only to paid UARA members.
Lend a Hand
by Vicki Mills, 2009 Retiree, University Library

Lend A Hand (LAH) Senior Assistance is a coalition of 13 neighborhoods in central Tucson, faith-based communities and business organizations, that have joined together to offer services to seniors so they can stay in their homes and live as independently as possible. The neighborhoods involved are all north of the university between 1st Avenue and Country Club, neighborhoods where many UA employees and retirees live.

LAH has one paid coordinator, a Board of Directors, and a large group of volunteers. All services to seniors and those disabled are free. They include errands, transportation, friendly visits, phone calls, light housekeeping and yard work, produce delivery, a writing group and a monthly social activity. LAH is always in need of more volunteers, especially drivers. If you live in town (volunteers don't have to live in LAH's neighborhoods) and you have a little time to help others, please consider volunteering with LAH!

Volunteering for Lend A Hand is really a win-win situation. As a volunteer you have the satisfaction of meeting the people you are helping, you get to hear about their lives and their families, and you truly do make a difference in their lives. The great thing about this volunteer work is that you choose each week how much you can do and when, your volunteering can change from week to week. Even just driving one person a week is a huge help.

If you are interested in volunteering, please call Michele Brubaker at 520-248-6882. Or, if you would like to know more about Lend A Hand, visit their website: http://www.lahseniorhelp.org/ or you can call me at, 520-248-8621.

Nonprofit Started by Retired UA Pediatrician Provides Low Cost Medical Devices to Mexican Children

A nonprofit agency, ARSOBO, started by UA retired doctor, Burris "Duke" Duncan, MD, will work with partners in Nogales, Sonora, to provide medical devices like wheelchairs, hearing aids, and prosthetics to those in need.

ARSOBO, short for Arizona, Sonora and Border, hires people who need or use a medical device. Those people then build them and are charged only the cost, or what they can afford. Families who need the devices but have limited means are aided by subsidies from private donations or grants. Dr. Duncan is a UA Professor Emeritus in the Mel and Enid Zuckerman College of Public Health and the College of Medicine Department of Pediatrics.

One problem is that many children with a disability do not have a wheelchair, or the right wheelchair, one that could manage the rough terrain in and around northern Mexico. The wheelchairs are built with wide, flexible front wheels. The rear wheels are mountain bike tires. A longer distance between the front and rear wheels provides more stability.

"They can be customized for children who have special needs and can be repaired with materials you can find in any hardware store or bicycle shop," Dr. Duncan says. With a $10,000 development grant from the UA Foundation, Duncan and his team purchased tools, equipment and professional assistance. Please visit their website, ARSOBO.org if you would like to donate to this project.

Volunteer Opportunities

We have a place for YOU! Interpretive volunteers support AHS by: conducting guided tours, taking outreach materials to schools and community groups, assisting with museum programs, presenting costumed interpretation, interpreting and/or maintaining Exploring 1870s Tucson exhibit, providing office support.

Interviews are being scheduled for the Arizona History Forum. Interpretive volunteers who take 10 weekly classes will learn Arizona history and touring techniques. At the end of the Forum, volunteers will be qualified to give guided tours to children and adults. Weekly afternoon classes begin in September.

Contact Mary Ann Ruelas to set up your interview: 617-1154, or maruelas@azhs.gov
Legislative Update  
by Ruth Eskesen, Chair, Legislative Committee

Summary of 2014 Retirement-related Legislation. The Second Regular Session of the 51st Legislature adjourned on April 24, 2014. Unless otherwise noted, legislation that passed on July 24 and was signed by the Governor became effective, 2014.

HB2050: Social Security Section 218 Requirements. Eliminates the requirement that employees must be covered by their employer’s Social Security Section 218 Agreement to be eligible for ASRS membership. This change applies only to those in unique employment positions and does not allow those already contributing to Social Security to opt out. The ASRS Defined Contribution Plan established in the 2013 legislative session is repealed.

HB2122: ASRS, Election; EORP Defined Contribution. Mandates that any ASRS member who becomes an elected official cannot join the EORP defined contribution plan and must continue membership in ASRS. Retroactive to January 1, 2014.

HB2039: Charter Schools; Higher Education Sponsors. Charter schools obtaining their charters through a state university are eligible for ASRS membership.

SB1084: ASRS; Long-Term Disability Compensation. Clarifies how ASRS calculates compensation for LTD benefits by changing the statutory definition of “monthly compensation” to conform to the current process which is more reflective of the member’s salary at the time of disability.

SB1082: ASRS; Employee Background Checks. Allows ASRS to conduct credit and background checks for current or prospective ASRS employees. ASRS must first establish policies/procedures.

SB1083: ASRS; Applicable Interest Rate. Definition. Places in stature current practice in determining the “applicable interest rate” for specified actuarial adjustments for ASRS benefits. Makes technical IRS conforming changes.

Bills That Did Not Pass

HCR2001. Sought to place on a general election ballot an amendment to the Arizona Constitution (Article 29) that would have altered the protection of pension benefits contained in the language that benefits cannot be “impaired or diminished.”

HB2203. Sought to increase the number of members and modify the membership of the ASRS Board.

HB2058. Would have placed an annual cap of $150,000 on earnings used to calculate contributions to and pension benefits from ASRS.

HB2056. Sought to disallow retired members from returning to work with an ASRS employer while continuing to receive ASRS pension benefits.

SB1085. Sought to change long-term disability income replacement after the first 24 months of disability from 66-2/3% to 60%.

Considering returning to work? ASRS has introduced a new online tool that will improve the process for ASRS retirees who wish to return to work for an ASRS employer. The new feature will allow members who are planning to retire and return to work for an ASRS employer to quickly see if they are eligible to retire, return to work for an ASRS employer while continuing to receive their pension benefit.

Tucson Welcomes New Baby Elephant at Reid Park Zoo

After 22 months of gestation, and a quick labor of only 20 minutes, a 245 lb. little girl was born on August 20th. Congratulations to Semba and Mabu!

Living to 90 and Beyond

Men and women above the age of 90 are now the fastest-growing segment of the U.S. population. "People who exercised definitely lived longer than people who didn’t exercise. As little as 15 minutes a day on average made a difference. Forty-five was the best. Even three hours didn’t beat 45 minutes a day." NIH Study results, aired on “60 Minutes” Aug. 31, 2014. You can see more of the show at http://www.cbsnews.com/news/living-to-90-and-beyond-60-minutes/

UApresent has planned another exciting year with a variety of great shows. For their season opener, they are featuring comedian, actor, writer, producer and television host, Jay Leno, who will present at Centennial Hall on October 25. For more information, visit: www.uapresents.org

How to tell if an egg is too old? Place the egg in a bowl of water covering the egg about two inches. If the egg floats, it’s old. If it sinks to the bottom, it’s fresh!
# In Memoriam UARA Members, FY 2013-2014

<table>
<thead>
<tr>
<th>Name</th>
<th>Former Position</th>
<th>Department</th>
<th>Date of Passing</th>
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<tbody>
<tr>
<td>Louise Anthony</td>
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<td>Milo Blecha</td>
<td>Faculty</td>
<td>Elementary Education</td>
<td>11/11/2013</td>
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<td>Harry Boghosian</td>
<td>Faculty</td>
<td>Architecture</td>
<td>8/13/2013</td>
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<td>Patricia Brook</td>
<td>Staff</td>
<td>Systems/Ind. Engineering</td>
<td>1/24/2014</td>
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<td>Michael Burke</td>
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<td>Large Binoc. Telescope</td>
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<td>Robert Dennis</td>
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<td>Plant Sciences</td>
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<td>Leonard Dewhirst</td>
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<td>5/31/2013</td>
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<td>Jay Dotson</td>
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<td>Mining/Geol. Engineer.</td>
<td>6/30/2014</td>
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<td>Louise Fulgham</td>
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<td>UA Athletics</td>
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<td>Robert Herman</td>
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<td>David Hetrick</td>
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<td>Jack Johnson</td>
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<td>Flandrau Science Center</td>
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<td>David Lomen</td>
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<td>Math</td>
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<td>Samuel Paplanus</td>
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<tr>
<td>Patricia Williamson</td>
<td>Staff</td>
<td>Theatre Arts</td>
<td>12/1/2013</td>
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This listing includes only UARA members and was compiled by UARA Membership Coordinator, Trudy Jacobson. Information was obtained from Obituaries, UA records, and other sources. You may contact the UARA office (see back page) to submit an entry. A listing of all UA-related people who passed away in the past two years can be found on our website. Go to uara.arizona.edu and click on “deceased” on the left side of the home page. The list will be updated annually, and UARA members will be denoted in bold.

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## UA GRIEF SUPPORT, Grief Support Study

**Mary-Frances O’Connor, Ph.D.**

**Assistant Professor, Dept. of Psychology**

**Grief Loss and Social Stress Laboratory**

The School of Mind, Brain, and Behavior is running a study offering free online grief support groups for widows and widowers. Mary-Frances O’Connor, Ph.D., an Assistant Professor at the UA Department of Psychology is offering to enroll UARA members in the groups. Dr. O’Connor has been studying grief and loss for the past 15 years. In particular, she is curious about the neurobiological, immune and autonomic aspects that vary between individual grief responses. Dr. O’Connor believes that a clinical science approach to the experience and physiology of grief can improve psychological treatment. She has authored research papers have been published in a wide range of peer-reviewed journals, including the *American Journal of Psychiatry*.

Dr. O’Connor’s work has been discussed in *Newsweek, the Washington Post and Psychology Today*. Dr. O’Connor’s current study is designed to help people who have lost their partner or spouse understand the grief process and develop useful coping skills from their own home. She is currently recruiting adults who are 50 years of age and older who have experienced the loss of their spouse or partner. No campus visits are necessary to participate in the online grief support groups – this program is entirely online. The program is eight weeks long and requires two hours per week. Before and after finishing the program, participants also complete a questionnaire about their feelings of grief, loneliness, sadness, as well as their sleep and eating schedule.

For further information, interested individuals can call 520-626-5383 or 1-877-518-4630, send an email to the study coordinator, Lindsey Knowles, at LKnowles@email.arizona.edu, and go to the webpage [http://mfoconnor.faculty.arizona.edu/node/11](http://mfoconnor.faculty.arizona.edu/node/11) and Facebook page [https://www.facebook.com/](https://www.facebook.com/).
UARA FALL 2014 LUNCHEON RESERVATION

HACIENDA DEL SOL
Thursday, OCTOBER 23, 2014
CASA FELIZ ROOM. 5501 N. Hacienda del Sol Road

Return this portion, and print name as you would like it on the nametag:

Retiree/Surviving Spouse _______________________________________________________

Former Dept _______________________________________________________________

Telephone: ___________________________ Email _________________________________

Guest Name #1 ___________________________ Food Choice (1) (2) (3) circle one

Guest Name #2 ___________________________ Food Choice (1) (2) (3) circle one

Please choose one of the following entrées:

___ (1) Grilled Flank Steak  ___ (2) Roasted Chicken Breast  ___ (3) Grilled Vegetable Lasagna

Enclosed is a check for $_______ made payable to UARA ($25.00 per person).

Mail check & top portion of this form to:  Trudy Jacobson, PO Box 42391, Tucson AZ 85733

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UARA FALL 2014 LUNCHEON - Thursday, OCTOBER 23, 2014
HACIENDA DEL SOL, CASA FELIZ ROOM, 5501 N. Hacienda del Sol Road, Tel. 299-1501
Doors open at 11:30 a.m. Lunch begins at Noon

Special Guest Speaker: Ms. Teri Lucie Thompson,
UA Senior VP for University Relations and Chief Marketing Officer

MENU CHOICES: (Meals include rolls, coffee and iced tea service)
(1) Grilled Flank Steak w/smashed red potatoes, basil and fresh tomato compote;
(2) Roasted, herb-seared Chicken Breast w/tomato parmesan orzo and demi glace;
(3) Grilled Vegetable lasagna w/fresh mozzarella, spinach, grilled vegetables,
layered with house marinara and béchamel, and served with grilled ciabatta garlic bread.

Dessert: Hacienda Classic Crème Brule, seasonal berries and a sugar crust!

DRIVING INSTRUCTIONS to the restaurant at N. 5501 Hacienda del Sol Road (HDSR).
Option 1: From the intersection of Swan and Sunrise, drive on Swan 0.9 miles west to HDSR.
Turn south on HDSR and drive 0.3 miles to the restaurant turn-off.
Option 2: From the intersection of Campbell and River, drive on River 0.6 miles east to HDSR.
Turn north on HDSR and drive 2.0 miles to the restaurant turn-off.

VALET PARKING - Please let us how much you tip the valet, and UARA will reimburse you.

PLEASE CONFIRM YOUR RESERVATION BEFORE OCTOBER 21, 2014
Your check guarantees your reservation. ($25.00/person). No portion of this cost is tax deductable.
No refund is possible unless the cancellation request is received 3 days prior to the event.
Questions, attendance issues/cancellation requests, contact Trudy Jacobson at 325-4366.
University of Arizona Retirees Association  
P.O. Box 42391, Tucson, AZ 85733  
2030 E. Speedway Blvd #112  
Phone: 520-325-4366 (If busy or no answer, call or text cell phone 520-982-7813)  
e-mail: uara@arizona.edu, web: [uara.arizona.edu](mailto:uara@arizona.edu)  

**Office Hours:**  
Summer: June 1 to July 31, Wednesday 10-12  
Winter: August 1 to May 31, Tuesday 9-1 and Thursday 1-5  

**Office Manager:** Trudy Jacobson

**Editor:** Trudy Jacobson  
**Layout Coordinator:** Jane Dugas

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<td>Jim Barrett</td>
<td>Betty Atwater</td>
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<td>Rose Perrill</td>
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<td>UARA 35th Anniversary</td>
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<td><strong>President-Elect</strong></td>
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<td>Ruth Eskesen</td>
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<td>Jane Dugas</td>
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<td>Suzanne Van Ort</td>
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<tr>
<td><strong>Secretary</strong></td>
<td>Trudy Jacobson</td>
<td>Cornelius Steelink</td>
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<td><strong>Treasurer</strong></td>
<td>Trudy Jacobson, Editor</td>
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<td>Tannya Gaxiola Gaxiola</td>
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