New UA President Ann Hart to Speak at UARA Luncheon

Dr. Ann Weaver Hart is the first woman to lead the UA as President. Hart was president of Temple University from 2006-2012, and before that she was president of the University of New Hampshire and provost and vice president for academic affairs at Claremont Graduate University (California). We are pleased and fortunate to welcome Dr. Hart into our University of Arizona community. Read more about her on page 7.

Dr. Hart will be the speaker at our October 18 luncheon. Join us and get a chance to meet the new president.

Welcome to Our Redesigned Newsletter

The UA Retirees Association began in 1980 and immediately started a newsletter. Over the last 22 years the newsletter has undergone several changes in format, content, size, and number of issues per year. This Spring, the UARA Communications Committee reviewed newsletters from other retiree associations, the content and format for UARA newsletters, read the comments in the annual evaluation surveys, and sought the advice of several experts. This process produced a range of newsletter designs and titles. Specific options were reviewed with the Executive Committee and the experts and new design was finalized. The Advisory Council and others reviewed a "sample issue" for comment. The primary changes include identifying a new title that more clearly states the purpose and audience of the newsletter, the addition of one color along with black, new type fonts for headings and text, and some new content.

We would like your feedback on the new newsletter. Is it easy and pleasant to read? Does it contain the types of information you like? Do you have suggestions for content? See the back page for our phone and email address.

Executive Committee
Suzanne Van Ort, President
Leonor Benitez, President-Elect
Tom Rehm, Treasurer
Rose Perrill, Secretary
George Evanoff, Past President

Communications Committee
Roger Caldwell, Chair
Jane Dugas
Trudy Ja
Nancy Shiley
This year we plan a number of changes and opportunities as UARA continues to serve our members. Importantly, we will focus on offering more programs that provide current information for retirees. The following are some of the changes that will begin this Fall.

**Monthly Meetings**

Advisory Council meetings will be held on the second Tuesday of each month from 9:00-10:00 am in Room 104 of the Vine Building. The Vine Building is at 1125 N. Vine Ave, just west of the Poetry Center, on campus. Parking adjacent to the Building is complimentary. Advisory Council meetings are business meetings focused on achieving UARA Goals and Objectives. Advisory Council members will participate and guests are always welcome.

Program meetings: Programs of interest to retirees will be offered on the second Tuesday of each month in Room 102 of the Vine Building from 10:15-11:00 am, following the Advisory Council meeting. Programs will be offered monthly during the academic year, except in September and December. Speakers will be listed on the UARA website and in the newsletter. Everyone is invited to attend.

- September 11, 2012
- October 9, 2012
- November 13, 2012
- January 8, 2013
- February 12, 2013
- March 12, 2013
- April 9, 2013
- May 14, 2013

See Page 5 for the list of scheduled speakers.

**Educational Seminars**

There will be three educational seminars this year, in Fall, Winter and Spring. They will be open to all interested retirees and guests. See the listing of speakers on Page 5.

**Activities Committee (Any Volunteers?)**

A new committee is being organized to offer various activities of interest to retirees. Activities may include local area tours, community service volunteer opportunities, book clubs, or travel programs. If you are interested in serving on this committee, please let us know by contacting the UARA office at 325-4366.

We hope you are as excited as we are about these changes. UARA is dedicated to serving our members and we look forward to your participation!

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**Goal 1: Sustain UARA**

- Objective 1: Provide social and educational functions that meet or exceed current standards

**Goal 2: Strengthen external relationships**

- Objective 1: Review and explore the function of UARA/University involvement
- Objective 2: Formalize the relationship between UA and UARA
- Objective 3: Improve communication between retirees and actives
- Objective 4: Develop a constructive relationship with other organizations

**Goal 3: Provide Scholarships**

- Objective 1: Provide UARA Irving Yall Book Scholarships to Undergraduate Students
- Objective 2: Provide UARA T.R. Rehm Graduate Scholarship to Graduate Student

**Goal 4: Energize Council meetings**

- Objective 1: Invite new members as guests to Advisory Council and program meetings
- Objective 2: Arrange speakers for monthly program meetings (notice of speakers on Website and in newsletter)

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**Education and the Future**

The illiterate of the 21st century will not be those who cannot read and write, but those who cannot learn, unlearn, and relearn.

- Alvin Toffler
The UARA website has a range of information, some generated by UARA and some linking to other sources. There are four parts: tabs across the top (including an events calendar), announcements in the middle (luncheons, seminars, Advisory Council meetings, special topics), a left side menu for UARA related information (Activities and Membership), and a right side menu (Transitions, Resources for Retirees, and UA Information).

The section for UARA Activities includes back issues of the newsletters, activities for the current year as well as past activities, UARA student scholarships, and advocacy options and volunteer opportunities. The section on Membership includes how to join or rejoin, member benefits, and UA Retiree Questions. It also has a way to change our records about you (address or name).

The section on Transitions covers preparing for retirement, adjusting to retirement, surviving a spouse, and giving and getting care. The Resources for Retirees covers Arizona and U.S. information, ASRS and ADOA, Aging and Longevity Info, Health and Health Benefits, Financial and Legal, Book Reviews and Consumer Surveys, and Arizona Legislators. The UA Info section covers campus events calendars, educational opportunities for retirees on campus, UA Now and Lo Que Pasa publications, and Department of Human Resources Info related to retirees.

If you find errors or have suggestions for clarification or new content, let us know (contact info is on the back page).

New UARA Electronic Alerting List: Content and How to Subscribe

The UARA began a new alerting service this fall — see sign-up instructions below. Our expectation is that you should receive 1-2 short messages per month. They will only be sent to those members who specifically ask to receive them and it is a read-only list. You do not need a UA issued email address to use this service.

Contents will include:
- Advisory Council meetings, speaker and topic
- Educational programs
- Special activities
- Newsletter publication (and link to pdf file on the UARA website)

To sign up for alerts — send an email to:

list@list.arizona.edu

(do not put anything in the body of message), but in subject line type:

subscribe UARA Firstname Lastname

(indicate your own first and last name).

You can unsubscribe by sending an email to list@list.arizona.edu, with unsubscribe UARA in the subject line (be sure to send from the same email address you use to receive messages from the list).

A link to the electronic version of the newsletter will be announced as soon as it is sent to the printer. You can then read the newsletter on-line (from the home page or the specific page at uara.arizona.edu/newsletter)

If you have any trouble subscribing, send us an email or call us.

New email Address for UARA

Our email address has been changed to the UA system and is now uara@arizona.edu.

We wish to thank the UA Office of University Information Technology Services for providing the new email account, hosting our web page, and providing the new alerting service list described here.

A Tribute to the Stars

Many notable celebrities died this year after living a full life, including:

Neil Armstrong (82) - astronaut, first human to walk on the moon
Ernest Borgnine (95) - actor "Marty" and "McHale's Navy"
Judith Christ (90) - film critic
Phyllis Diller (95) - comedian, actress, pianist
Andy Griffith (86) - actor, America's Favorite Sheriff, Andy Taylor
Helen Gurley Brown (90) magazine editor and book author
Celeste Holm (95) - Oscar-winning and television actress
Tony Martin (98) - singer-actor of the golden age of musicals
Ann Rutherford (94) - actress, Carreen O'Hara (Scarlet's sister) in "Gone With the Wind"
The UARA Fall luncheon will be held at noon on Thursday, October 18, at Skyline Country Club. Doors open at 11:30 a.m. Free valet parking is available and tips will be covered by UARA.

The speaker will be UA President, Dr. Ann Weaver Hart. The price is $20 per person. A reservation form is attached as an insert. We look forward to seeing you there!

Please note that all luncheon dates for this fiscal year are on Thursdays:

- October 18 - Skyline Country Club
- January 24 - Tanque Verde Ranch
- April 25 - DoubleTree Hilton Reid Park

Profile of UA Office:
Life and Work Connections
By Darci Thompson, Director

UA Life & Work Connections (LWC) is here to help University of Arizona employees and students find the resources, support, and resiliency that we all need to thrive in these fast-paced times. Our award-winning program is centered around five integrated components that focus on whole person wellness: employee assistance, worksite wellness, child and elder care services, and work/life support.

Our unique combination of services are outlined on the LWC website, which also contains information that may be useful to retirees. Look for health and wellness tips, healthy recipes, fitness videos, elder care resources — including an online version of a caregiver resource manual, How To Be a Resilient Caregiver - and child care information. You can find all this and more at our website lifework.arizona.edu

Jan Sturges, M.Ed., LPC, will present The ‘Art’ In the Heart of Caregiving at the November UARA Advisory Council meeting. She will be discussing both the rewards and challenges of being a caregiver, how to gain a better awareness of caregiver issues, and how to maintain positive relationships using a “whole person” approach to caregiving. In addition, Jan will review resources in the community for caregivers and the older adult needing assistance.

The program is Tuesday, November 13, in Room 102 of the Vine Building from 10:15-11:00 am, following the Advisory Council meeting, which meets at 9:00 in Room 104. See page 2 for directions to Vine Building.

We are Listening:
Feedback from Newsletter Surveys
By Trudy Jacobson and Jane Dugas

Survey results for the 2012 and 2011 April newsletters included many general comments that were positive for the newsletter and luncheons. There were a number of suggestions for overall improvements:

Activities: Broader range of types of programs or activities (travel, tours of UA departments and other sites), increased range of topics (health, nutrition, finance, environment, legislation, political, diversity, education, transportation, current affairs), Medicare and social security, volunteer activities on campus, small discussion groups (electronically), get togethers (e.g. pot luck, BBQ), and include some “fun stuff.”

Information: Options for email updates and announce Advisory Council speakers in advance.

Newsletter: Change newsletter name, more visuals, update look and use larger type font, more info about UA departments, news of retirees, make articles short and succinct, book reviews.

Luncheons: More locations other than country clubs, variety of speakers, move luncheons to Thursday, smaller luncheons: preferred locations from list of 6 (Tanque Verde Guest Ranch, Skyline Country Club, Anthony’s, DoubleTree).

Highlight:
Meet the New Editorial Team

The team consists of Trudy Jacobson, Editor, retired from Biomedical Communications, AHSC, who is also the Membership Coordinator and the UARA Office Manager; Jane Dugas, Layout, retired from Department of Biochemistry, who is also the Luncheon Coordinator; and Roger Caldwell, Chair of the UARA Communications Committee, retired from the College of Agriculture and Life Sciences, who is also our webmaster. The team identifies and solicits relevant information and balances the various topics for the newsletter. Others assist in reviewing the final drafts.
Upcoming UARA Events
By Leonor Benitez, Chair, Program Committee

Educational Seminars:
Oct 16 - Identity Theft

Identity thieves use a variety of methods to steal your personal information. Detective Brian Greeno is a 19 year employee of the Pima County Sheriff’s Department and will speak on Fighting Back Against Identity Theft.

The seminar is on Tuesday, October 16, 10:00 - 11:00 a.m., at the Cactus Room, Randolph Park Golf Course Complex, 600 S. Alvernon (across from the Double Tree Hotel). Please join us and reserve your seat for this very important presentation by calling 325-4366 or email uara@arizona.edu.

Advisory Council/Program Meetings

This is one meeting with two parts—held the second Tuesday of each month. The program and speaker are in Room 102 of the Vine Building from 10:15-11:00 am. This follows the Advisory Council meeting that meets in the adjacent room (104) from 9:00-10:00. Everyone is welcome to attend both meetings. The Vine Building is at 1125 N. Vine Ave (at Helen St, across Vine Ave from the Poetry Center). Vine is one block west of Cherry Ave.

CAUTION ALERT
The Modern Streetcar Project has closed the Campbell Ave entrance on Helen St until late fall. Enter Helen St from Mountain Ave or from Cherry Ave (via Speedway Blvd), or enter Vine from Speedway Blvd.

Speakers and Topics

October 9, Tohono Chul—Docent from Tohono Chul Park. An Armchair Tour of Tohono Chul Park.

November 13, Caregiving—Jan Sturges
Jan is with the UA Life and Work Connections office, speaking on The "Art" in the Heart of Caregiving.

January 8, Long Term Care Insurance—Lynn Heskett. Lynn is with Pima Council on Aging.

Related Events—Medicare and PCOA

The 27th annual Medicare Update Conference presented by Pima Council on Aging and Tucson Medical Center will be conducted in October/November. Cost is $10 per person and includes registration and a resource guide. Registration information will be available at pcoa.org or by phone (both after September 10th) 520-790-0504. The four locations and dates are posted on uara.arizona.edu (on home page), along with a downloadable copy of the registration form.

Update: Campus Parking and Role of Modern Streetcar
By Katie Stevens, PTS Intern

UA Parking and Transportation Services (PTS) values the hard work and commitment our former UA employees have demonstrated through their service to the University of Arizona. In honor of their dedication to the university, the PTS team is pleased to provide benefit-eligible UA retirees with unlimited free parking on campus for Zone 1 or South of Sixth Street lots during their stay on campus by obtaining a free retiree parking permit in the PTS office: 1117 E. Sixth Street. Permits are valid three years. Those with a state disabled license plate or disability placard may also park in the disability spaces across campus free of charge on a temporary basis. For a detailed listing of UA parking locations, please refer to the Campus Parking Map on the PTS website.

SunLink, the City of Tucson Modern Street Car project, will integrate with the Sun Tran bus system as well as the PTS Cat Tran shuttle service, a free service which offers transportation around the university and surrounding areas to anyone on campus. The streetcars will have the capacity to carry up to 180 people and will travel 3.9 miles in each trip, carrying passengers to the UA, downtown entertainment districts, restaurants, and shops. Each streetcar vehicle will have low floors, bridge plates, Braille signage for the visually-impaired, ramps, and support bars to accommodate disabled passengers.

The eastern terminus of the SunLink will be on Helen St at Campbell Ave, near UAMC (UA Medical Center). Then west on Helen St to Warren Ave, where it will go under Speedway Blvd, west on 2nd Street, south on Park Ave, and west on University Blvd until it turns south on 4th Ave to continue west of I-10.

The construction project began the week of April 2, 2012 and is expected to be operational in late 2013. Road closures and construction will continue to sweep Tucson over the coming year. Further information and an animation of the SunLink may be found at the tucsonstreetcar.com website and a listserv is available for those wishing to receive frequent updates about construction, by sending an email to list@listserv.arizona.edu. In the subject line enter: subscribe streetcarinfo Firstname Lastname (no commas, and nothing in body of message). First and last name is your name.

For more information about PTS programs and services, visit their website parking.arizona.edu or call the PTS office at: 626-PARK (7275).
UA Cares is Underway

The UA Cares Campaign for Community Giving was created as a way for UA employees and retirees to donate to a “combined campaign.” UA retirees may give to University programs and services through the UA Foundation, or to non-profit organizations or Community Impact Areas through the United Way of Tucson and Southern Arizona. UARA participates in UA Cares as one way to receive support for our scholarships. Each year UARA awards the Yall Book Scholarship to undergraduate students and the Rehm graduate scholarship to a graduate student in the field of aging. When you participate in UA Cares, we will appreciate your giving to UARA through the UA Foundation. For more information on UA Cares, contact the UA Cares office at 626-4671 or visit their website: uacares.arizona.edu.

Finding UA Cultural Events

The UA has a variety of events open to the public – some are free and some require a charge. There is a webpage for Arts, Museums, and Performances (arizona.edu/arts-museums). Under each description there are links to more detailed pages for actual dates and times of specific performances. Sports events are found at arizonawildcats.com/calendar/events. If you just want to check by a key word and search all events, go to uanews.org/calendar/day.

Info on UA Educational Opportunities

All these programs are listed on the UARA website (uara.arizona.edu/education) or from the home page. Go to that page for links that provide more information on each source.

OLLI (cost)

This is the Osher Lifelong Learning Institute. Courses range from several days to a full semester, and cover a range of topics. OLLI is a non-profit organization affiliated with the UA. Membership is required.

Elderhostel or RoadScholar (cost)

This familiar term works with many universities and has a wide range of travel/learning combinations.

Humanities Seminars (Cost)

The seminars meet for about 4-10 weeks. The cost of these seminars varies, but is generally in the range of $100-200. The topics are all within humanities area, but a wide range is offered.

Science Lecture Series (Free)

There is a different topic each year, usually in spring. Examples are “Living Beyond 100”, and “Cosmic Origins”. These lectures are posted on UA itunes website a week after the presentation.

Spring Luncheon Report:
The Historic Manning House

The Spring luncheon was held at the historic Manning House on Saturday, April 28. The house was built in 1907 for Mayor Levi Howell Manning in the era of “Snob Hollow” when the surrounding neighborhood was home to many civic, social and cultural leaders of Tucson. Today the mansion is owned by the Concanon family of Tucson. It no longer schedules activities and is for sale.

Mr. Jim Turner, formerly with the AZ Historical Society, presented an informal and often humorous 25-minute talk about varied unforgettable characters from the UA past. He also autographed his book "Arizona: Celebration of the Grand Canyon State" for several UARA members. Other UARA guests included Jacqueline Parrado, Yall Scholarship recipient; Elizabeth Bukoski, T. R. Rehm Scholarship recipient; and Janice Murphy, former UARA newsletter editor.

UA New Retirees Dinner, April 2012

Each year the UA provides a dinner for new retirees. This year there were 65 retirees and their families at the Student Union ballroom event on April 12. Five members of UARA attended to answer questions from participants. UARA Past President George Evanoff welcomed the attendees to the world of retirement and invited them to join UARA (see box below). President Gene Sander (right), congratulated each retiree present, as they had their pictures taken with him. A gift of UA red-white-and-blue blanket (see photo on the UARA web page) was provided each retiree. Those not present can pick up their blanket from the UA Visitors Center, open 9-5, Euclid Ave and University Blvd, 621-5130. A total of 274 UA employees retired in FY 11-12, representing an accumulation of 4,670 years of service.

How to Join UARA

If you are not already a member of UARA, please join us. You can use the membership form on the website or contact us at: uara@arizona.edu or call 520-325-4366.
President Hart came to us after six years as President of Temple University. Previously she served as president at the University of New Hampshire, and as provost at Claremont Graduate University in California. She has also been Professor of Educational Leadership, Dean of the Graduate School and Special Assistant to the President at the University of Utah. She has a M.A. in History and a Ph.D. in Educational Administration. While at Temple she led the development of the University’s Framework 20/20, a campus development plan and had a reputation as a good listener and a decisive decision maker.

What is the difference between Temple University and the University of Arizona? They are both large in student enrollment (UA 36,500, Temple 39,000), have multiple campuses (UA 2 primary, Temple 9), both have medical schools (Temple also has a dental school), and both do research (UA is classified as “very high research activity” and Temple “high research activity”). Both have their primary campuses in urban areas (Temple is in north Philadelphia). The University of Arizona is a land grant university, with Cooperative Extension offices in each of the counties. Temple has a greater diversity of students.

During her initial campus visit, Dr. Hart noted that she believes it is necessary to work with the community surrounding the university, the governing board, and the legislature. In her first two months at the UA she made some appointments to fill senior-level position, began a recruitment effort for permanent positions, and changed the approach and focus of planning and management. That focus is on three efforts: 1) a new approach to academic planning that will act quickly and provide the basis for the other two efforts, 2) a university-wide framework for campus physical development (including campuses in Phoenix or that are virtual), and 3) a five-year financial plan with annual updates to adjust for changing conditions and achieve critical milestones. Each effort will be chaired by a vice president (with the academic planning one co-chaired by the chair of the Strategic Planning and Budget Advisory Committee). Results of the three efforts will be discussed around the campus before final implementation.

Dr. Hart has four daughters and eight grandchildren. Her husband, Randy, is a retired attorney.

For more information about the new president, go to her web page: president.arizona.edu

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Profile of the Arizona Governor’s Council on Aging

By George Evanoff, Council Member (former chair)

The Council was established by the legislature in 1980. Its 15 members are appointed to three-year terms by the Governor. The two Tucson members are George Evanoff (retired) and Anne Morrison (at Tucson Medical Center). The Council’s purpose is to advise the Governor, Legislature, and all State Departments which deal with aging matters, including oversight of the Arizona State Plan on Aging (a federal requirement managed through the Arizona Department of Economic Security).

The current plan is for federal fiscal years 2011-14 and is 82 pages. The eight goals include making it easier to access aging services and to help the state prepare for an aging population.

The Council website (azgovernor.gov/gaca) includes copies of all agendas and meeting minutes, and links to aging-related resources through the Governor’s Office on Aging. The council provides a way of keeping up to date on aging-related Arizona legislation through the Legislative Update, a free newsletter via email.

Tucson Senior Olympics

To Run in January 2013

By Trudy Jacobson, Editor

If you’ve ever had a yearning to be an Olympic medalist, here’s your chance.

The Tucson Senior Olympic Festival (January 18-27, 2013) is open to anyone 50 years of age and older, or as they say, “50 and better.”

Activities range from walking, running, aerobic dance and bicycling to card games such as pinochle. The festival celebrates keeping one’s mind as active as one’s body.

Now here is the great secret of the Senior Olympics: the older you get, the easier it is to win a medal. That’s because you’re put in age groups and the winner of each age group wins a gold medal. So let’s say you’re 86 years old. If you are the only person who competes in the 85-90 group, you win!

Registration will be open from mid-October until the end of the year. For more information or a registration booklet, call their office at 791-3244 or visit their web site at tucsonseniorgames.org

NOTE: Please do not start an exercise program without first contacting your personal physician.
“Aren’t you retired” I’m often asked in a pejorative tone implying that my activities should be limited to fishing, golfing, and playing bridge. “Well, yes,” I usually reply, “after nearly three decades at the University of Arizona. “But,” I continue, “I have now embarked on my ‘encore career’ in medicine—specifically, International and Disaster Medicine—and, of course, am still writing books and scientific articles.”

I retired from the University of Arizona in July 2008, as the first Professor Emeritus of Emergency Medicine.

Continuing as a Supervisory Physician with Arizona’s Disaster Medical Assistance Team (AZ-1), after Hurricane Ike, I assisted in San Antonio (disabled refugees) and Galveston Island (patient care in the ghost-like UT Galveston Medical Center emergency department). I also became a member of the American Red Cross disaster response team, providing help after local house fires or similar events, as well as helping after the devastating Joplin, MO, tornado.

On the global front, I’ve worked in many rural areas of Central and South America, Zambia, Bhutan, Ghana and South Sudan. Working with government agencies, I spent six months as Lead Physician for the US Antarctic Program and this year returned to work in rural Ghana and South Africa. My plans are to spend nearly three months this summer working in the Arctic and, in October, I will be the only attending physician at the Georgetown, Guyana, teaching in the hospital emergency department.

To avoid boredom, I’ve written more books, including *Improvised Medicine: Professional Care in Extreme Environments* (2012, McGraw-Hill) that is best described as “MacGyver medicine for healthcare professionals.” I also continue to run the REEME Project website (reeme.arizona.edu), hosted by the U of AZ computers, that freely distributes more than 700 Spanish-language PowerPoint presentations on Emergency Medicine.

What does the future hold? More of the same, I hope. With the support of my wife, I plan to continue this encore career for as long as I can. It took me a long time to ‘check all the boxes’ so I could get nearly any international position I desired. Now that I’m here, let’s go for it!

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Every Day Is Saturday: Retiree Class Notes

*By Trudy Jacobson, Editor*

Retirement is not about doing nothing... it’s about finally having the time to do what you love! Here’s what some of your former colleagues and co-workers are doing lately.

**Diane Abbott** (Ret. ’05, Physiology), finished her first career as a research tech at the UA College of Medicine, studying kidneys. She is now a kindergarden teacher at Sonoran Science Academy - Broadway and she says, "I love teaching little people, they keep me young!" She also has more time now to walk her dog Hershey, a shepherd mix.

What does new retiree **Loretta McKenzie** (Ret ’11, College of Medicine Office of Public Affairs) do to celebrate special occasions? She jumps out of a plane! “It’s incredible, and very empowering,” she says.

One of the many UA retirees who has gone back to work part time in her retiring department is **Ann Reeves** (Ret ’11, Arizona Respiratory Center). She is enjoying working as a program coordinator and helps to organize conferences and also make sure the guest speakers and daily visitors to her department are comfortable. Ann also provides her services to the Pima Council on Aging. “I am continuing to find people in the community who need assistance, and I provide assistance to them,” she says.

**UARA Treasurer Tom Rehm** (Ret ‘02, Chemical Engineering) is working on a display for the Pima Air and Space Museum. He is volunteering his time and expertise to serve as the head builder for the display cases which hold the equipment for the aircraft housed in hangars.

**Lela Aldrich**, (Ret ’96, Physiology), had a summer adventure when she and her great-granddaughter Rylie, 9, flew to San Antonio to pick up her great-grandson Damian, 7. They planned to take the train back to Tucson, where Damian would visit for part of the summer. On the way back, their train derailed near El Paso, and they had to wait for it to be repaired. The trip home took 32-1/2 hours instead of the 16 they were expecting. Lela decided to make it an “adventure” for her great grandchildren, who enjoyed the time with her and bought ice cream and cowboy hats while they were stuck waiting for the train.

Contact us if you would to like to submit news items (see back page for contact info).
UA Presidents Emeriti: Life After the Presidency
By Jane Dugas and Roger Caldwell

There are six living former UA presidents whose service spans 41 years. Each was awarded the title of “Emeritus.” We’d like to share a few notes about these men on what they have been up to since leaving the UA.

Dr. Shelton and Dr. Pacheco reside in Phoenix, the others live in Tucson. Only Dr. Schaefer and Dr. Sander were UA faculty members before becoming president.

(20) Eugene G. Sander (UA: 2011-2012)
After more than 25 years at the UA, President Sander officially retired on June 30th of this year. Dr. Sander had been Dean of the College of Agriculture and Life Sciences for 24 years and was preparing for his retirement when President Shelton resigned on short notice in June 2011. Gene was asked by the Arizona Board of Regents to be president for a year (he had been Provost in 2007). He and his wife, Dr. Louise Canfield Sander, are now able to enjoy more time with their two children and four grandchildren. The Sanders expect to travel and will serve as hosts for one of the UA Alumni Association travel destinations. They plan to visit with family in Texas and Louisiana but Gene will also will allow some time to work on his 1949 Ford pickup truck.

(19) Robert N. Shelton (UA: 2006-2011)
It was big news when Dr. Shelton left his position at the UA to become Executive Director of the Fiesta Bowl, the football game that is played annually at the University of Phoenix Stadium. Bowl responsibilities continue to be significant as he meets with conference leaders of the Presidential Oversight Group for the Bowl Championship Series (BCS). That group determines the format of post-season competition when the BCS contracts expire in January 2015. His wife, Adrian, continues to work 50% time at the UA as a research compliance officer. Finding time for weekends in Tucson is difficult due to his travel commitments, but in May they spent an enjoyable week in Paris. They have two sons and a daughter and look forward to visits with their three grandchildren.

(18) Peter W. Likins (UA: 1997-2006)
During his last semester as president, a wire from his pacemaker poked a hole in his heart, and Dr. Likins had to undergo emergency open heart surgery. After recovery and retirement, he began writing an autobiography about his multi-cultural, racially diverse adopted family, entitled “A New American Family: A Love Story,” which was published by UA Press in 2011. His time now is devoted to family, both in his daily personal life and through television, radio and personal presentations of his story as portrayed in the book. “This is a new life for me,” he says, and “I’m enjoying it very much.” A new dorm, Likins Hall (west of UA stadium) was dedicated last summer. He and Patricia have been married for 57 years, reside in Tucson, and raised six adopted children.

After leaving the UA, Dr. Pacheco was president of the four-campus U Missouri System and then interim president of NM State, and his alma mater, NM Highlands University. Still wearing many hats, he is currently a director at PNM Resources, Asarco Inc. and CASA (Center on Addiction and Substance Abuse) at Columbia University. He served on several commissions, foundations and boards, including the National Security Education Board and the UA Science and Technology Research Park. He and his wife, Karen of 47 years, have three adult children and 6 grandchildren.

Dr. Koffler founded the Arizona Senior Academy, the driving force in the development of Academy Village, an innovative living and learning community. He served as President until 2004 and continues to serve on its board. Until recently he served as member of the Purdue Research Foundation, on the board of the Rincon Institute, the AZ Governor’s Advisory Council on Aging and on the board of COPE Community Services. He currently serves on boards of the Tucson Airport Authority, Campus Research Corporation, and the Advisory Board of the Arizona Center for Innovation. He is also a member of the National Leadership Council of the UA Foundation, and board member of the Institute on Science for Global Policy. In 2000 the Chemistry and Biological Sciences Building was renamed the Koffler Building. Married for 66 years to Phyllis, also a UA alumna, he will be 90 in September.

A conservationist and bird-watcher, Dr. Schaefer helped organize the Tucson Audubon Society and founded the Nature Conservancy in Arizona. John is also an avid bicyclist who rode in El Tour de Tucson, a maker of finely crafted wooden bowls, a collector of Southwestern art, a lover of classical music, a serious photographer, and a tireless community leader. After leaving the UA, Schaefer was President of the Research Corporation for Science Advancement for 22 years. He just ended his term as Chairman of the Board of the LSST Corporation (Large Synoptic Survey Telescope) and is now CEO of REhnu, a solar energy company based on technology developed by Roger Angel at the University. A serious photographer, he has also published several books of photographs and on photographic techniques and is a member of the Ansel Adams Publishing Rights Trust; he is the person who selects all the photographs for each Ansel Adams calendar. Both Helen and John have served, and continue to serve, on many community boards; last year they were given a special honor by the Pima Council on Aging. They both have had university buildings named after them: the John P. Schaefer Center for Creative Photography, and the Helen S. Schaefer Building (Poetry Center). They have been married for 54 years and have two daughters.
Most retirees know of common benefits, such as library use, performance and bookstore discounts, and a free parking permit. But there is also a less well-known benefit: any retiree can take any regular session or summer course at the UA for $25 plus mandatory fees. This is part of the Qualified Tuition Reduction Program. For more information on all UA Retiree benefits see the website: uara.arizona.edu/benefits

UARA Scholarship Recipients Announced

By Stardust Johnson, Chair, Scholarship Committee

Members of the UARA Scholarship Committee are pleased to announce the selection of our three academic year 2012-13 recipients.

Elizabeth Bukoski, 2012 recipient of the T. R. Rehm Graduate Scholarship, is being renewed for one additional year. Receiving Irving Yall Book Scholarships are undergraduate students Rita Ezeugwu and Anthony Paul Chavarria.

You will be able to read more about these scholarship recipients in the January 2013 issue of this newsletter. Anyone interested in making a donation to one or both of our UARA Scholarship funds is encouraged to call the office for details.

A Special Goodbye to Lydia Baker

Lydia Baker, Pima Council on Aging, died on May 27, 2012. Lydia made presentations over the years to UARA on Medicare options.

Lydia graduated from the UA, where she completed two degrees. She made Tucson her home after graduation, and taught in the Sunnyside School District for 33 years. Upon completing her public school career, Lydia worked at Pima Council on Aging as the coordinator of the Medicare/Health Insurance program, where she continued to teach seniors and disabled in the areas of Medicare and Medicaid Insurance. Lydia left no family members; her husband of nearly 40 years died in 2006.

The many seniors and clients whom she helped gave meaning to her life. Remembrances may be sent to Pima Council on Aging Medicare Program, 8467 E. Broadway Blvd, Tucson, AZ 85710.

(Reprinted with permission from the Pima Council on Aging).

In Memoriam - University of Arizona Retirees Association Members, FY 2011 - 2012

<table>
<thead>
<tr>
<th>Name</th>
<th>Former Position</th>
<th>Department / Unit</th>
<th>Date of Death</th>
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<tbody>
<tr>
<td>Betty S. Anderson</td>
<td>Secretary</td>
<td>Natural Resources and Environment</td>
<td>11/9/11</td>
</tr>
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<td>Margaret Budinger</td>
<td>Administrative Assistant</td>
<td>Animal Sciences</td>
<td>2/19/12</td>
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<tr>
<td>Wayne O. Auen</td>
<td>Instrument Maker</td>
<td>Facilities Management</td>
<td>10/11/11</td>
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<tr>
<td>Charlotte Y. Brooke</td>
<td>Administrative Assistant</td>
<td>Plant Sciences</td>
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<td>Beverly K. Buckley</td>
<td>Director</td>
<td>Systems Control</td>
<td>5/17/12</td>
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<td>Robert B. Chiasson</td>
<td>Professor Emeritus</td>
<td>Veterinary Science and Microbiology</td>
<td>11/23/11</td>
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<td>Larry J. Day</td>
<td>Professor Emeritus</td>
<td>Music</td>
<td>2/8/12</td>
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<tr>
<td>Fred Harcleroad Jr</td>
<td>Professor Emeritus</td>
<td>Higher Education</td>
<td>6/10/12</td>
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<td>James P. Hutchins</td>
<td>Labor Supervisor</td>
<td>Facilities Management</td>
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<td>Duane L. Funk</td>
<td>Communications Syst Tech</td>
<td>Computer Center (CCIT)</td>
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<tr>
<td>Don W. Hillman</td>
<td>Manager, Resource Prog</td>
<td>Optical Sciences</td>
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<tr>
<td>William King</td>
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<td>Health Education</td>
<td>1/16/12</td>
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<tr>
<td>Philip Knorr</td>
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<td>Natural Resources and Environment</td>
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<tr>
<td>George B. Olson</td>
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<td>Veterinary Science and Microbiology</td>
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<tr>
<td>Mary P. Roby</td>
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<td>Zoe Norris Rowe</td>
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<td>Jane Underwood</td>
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<tr>
<td>Lorne G. Wilson</td>
<td>Hydrologist</td>
<td>Water Resources Research Center</td>
<td>10/12/11</td>
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This listing includes only UARA members. For a full listing of all UA Retirees and other UA Employees that died during this period, go to the UARA website, under “members” (or go directly with uara.arizona.edu/deceased); this online listing may be updated more often—the newsletter version is updated annually. This information was compiled by UARA Membership Coordinator, Trudy Jacobson, from obituaries, university records, and other sources. The last In Memoriam listing was in the April 2012 Jubilación newsletter. Please contact the UARA office (see back page for contact info) to submit an entry.
Open Enrollment for Health and Dental Plans

By Leonor Benitez, Chair, Benefits Committee

The 2013 Open Enrollment for State employees and retirees, including University of Arizona retirees, who are enrolled in either the Arizona Retirement System (ASRS) or the Arizona Department of Administration Benefit Option (ADOA), will begin in October. Note: If you have declined or cancelled ADOA’s medical and/or dental coverage(s) in the past, but have maintained either coverage through ADOA, you may enroll or re-enroll in either type of medical coverage during the Open Enrollment.

This is a good time to complete an annual review of your current coverage(s) to familiarize yourself with the plans being offered, especially if planning a change. You can do this by making a page by page comparison of each plan under ASRS and ADOA. Consider the benefits offered under each plan and their corresponding premiums. For example, does the health plan offer membership to a health club or the benefit of having a disease management program? Other points include:

Out of pocket expenses. What are my co-pays and deductibles for each plan? These are the costs to you before the insurance company will pay their portion. If you are Medicare eligible and are enrolled in Medicare A and B, Medicare is the primary coverage and the State of Arizona health plan is the secondary coverage. This will have an impact on your out of pocket expenses.

Physicians/Specialists. Some plans require you to select a primary care physician to receive benefits under the plan. If you have a medical condition that requires a specialist, find out if you can self-refer or if a referral from your primary care physician is required. Location, availability and hospital privileges of your selected physician/specialist should also be considered.

Additional Services. These may include home health care, nursing home care, hospice, mental, psychiatric and psychotherapy, physiotherapy, or rehabilitation. Some people have chosen to use alternative care such as holistic and acupuncture. Compare each plan to determine if these services are covered and to what extent.

Emergency Room vs. Urgent Care. Regarding medical situations, be clear as to when to utilize the emergency room of a hospital or the urgent care facilities. Today, many minor injuries or illnesses can be treated at an urgent care clinic thereby avoiding a high emergency room deductible instead of a copayment at an urgent care clinic.

It is imperative to understand the difference between an Exclusive Provider Organization (EPO) which requires participants of the plan to use in-network providers and facilities and a Preferred Provider Organization (PPO) that allows participants to use out-of-network providers but there are financial incentives when in-network providers are used. Both types of plans are available through ADOA.

Medicare Supplement Plans are for those that are eligible for Medicare and you must be enrolled in both Medicare Part A and B. Medicare is the primary payer and your elected health plan option becomes the secondary payer. It is important to confirm if your physician accepts Medicare patients. If you are on Medicare and you select an ADOA or ASRS plan, your plan becomes a supplement plan (to Medicare) and you have a lower cost than non-Medicare members. For more information on Medicare plans, visit medicare.gov/publications.

Medicare Advantage Plans are less expensive because they are federally subsidized and provide less comprehensive services. A health company contracts with the Centers for Medicare Services (CMS) to provide all your health services by replacing Medicare and contracting with a network for providers. Members agree to have all comprehensive health care from the contract providers. If services are received from a non-contracted provider without prior authorization (except for out of area emergency services) neither the health provider nor Medicare will pay for services and costs incurred. Visit www.medicare.gov for information on Medicare Advantage plan choices. ADOA does not offer a Medicare Advantage Plan.

Dental Plans are provided by both ASRS and ADOA, but with notable differences. Both plans usually offer an Indemnity plan and a Prepaid plan. Both types of plans require a participant to use a participating dental provider. As with the health plans, a comparison of the various dental plans should be reviewed for differences in out of pocket expenses, deductibles, and maximum life time benefits.

Refer to the 2013 Benefit Guides for complete information and links for further information. Copies should be mailed to you this October or you may visit the appropriate website: benefitoptions.az.gov (ADOA) or azasrs.gov (ASRS) - select tab for Retirees and then tab for Health Insurance.
University of Arizona Retirees Association  
P.O. Box 42391, Tucson, AZ 85733  
2030 E. Speedway Blvd #112  

Phone: 520-325-4366, email: uara@arizona.edu, web: uara.arizona.edu  
(If busy or no answer, call or text 520-982-7813)  

Office Hours:  
Summer: June 1 to July 31, Wednesday 10—12  
Winter: August 1 to May 31, Tuesday 9-1 and Thursday 1-5  
Office Manager, Trudy Jacobson  

Newsletter Editorial Board:  
Editor: Trudy Jacobson; Layout: Jane Dugas; Communications Committee Chair: Roger Caldwell

The Advisory Council Consists of Officers, Committee Chairs and UA Representatives

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<td>Suzanne Van Ort</td>
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<td>President-Elect</td>
<td>Leonor Benitez</td>
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<td>Past President</td>
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<td>Legislative</td>
<td>Ruth Eskesen</td>
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<td>Stardust Johnson</td>
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<td>Professionals Advisory Council</td>
<td>Linda Breci</td>
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<td>Heather Lukach</td>
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<td>UA Faculty Senate</td>
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