MESSAGE FROM THE PRESIDENT
George Evanoff, president, The University of Arizona Retirees Association

The 2009/10 year is rapidly moving along. Your UARA Executive Committee and Advisory Council have been engaged in a number of activities that are exciting and, hopefully, will be of aid to the association.

As you may remember, one of our projects was to study UARA’s communications. Dr. Roger Caldwell agreed to head up this study. Roger has started the project and, as is usually the case, it moved into a larger endeavor. We are planning to have “focus groups” in order to get your feedback on any communications concerns you may have as well as how effectively the programs and services UARA is currently providing are meeting your expectations.

The feedback from the focus groups will provide the Executive Committee the basis for studying whether UARA is currently organized to carry out the recommendations. The talents of the Advisory Council will be utilized in this review.

If you would like to participate or have any comments you wish to share with the focus groups, please contact Roger Caldwell at roger.caldwell@cox.net or telephone 325-7709. You may have input regarding our educational programs and seminars, the lunches, social events, UARA structure, benefits or other matter of general interest.

Because of this project we are not going to go forward with the recommended changes to our Constitution and By-Laws. We will wait until the review is completed in case there are items that need to be revisited. I would like to thank the Bylaws Committee, Cornelius Steelink, Helen Mautner and Bob Sankey, for their hard work.

The Alzheimer’s research presentation on November 4 was outstanding. Drs. Eric Rieman and Al Kazniak provided a great deal of information.
(President’s Message continued from page 1)  
about current research and what the future holds.

Please stay abreast of legislative happenings at the State level. You may be called on to support the University’s position on a particular matter.

Happy New Year to each of you. We hope to see you at the Tanque Verde luncheon on Thursday, January 28.

George A. Evanoff

TRI-UNIVERSITY MEETING AND LEGISLATIVE UPDATE
Uwe Fink, chair, Legislative Committee

The Tri-University meeting was held at the Fulton Center of the Arizona State University on October 20, 2009. The Tri-University meeting brings together representatives from the retirement organizations of the three state universities. Members from UARA attending were Keith Meredith, Jim Burke and Uwe Fink. Overviews and talks were presented by Paul Matson, director of ASRS, and Phil Hamilton, associate director of Health Insurance of the Arizona Department of Administration (ADOA).

Arizona State Retirement System. Paul Matson gave us his usual excellent summary of the present status and plans of the Arizona State Retirement System. Like all retirement systems, ASRS was severely hurt by the steep market drop in the fall of 2008 and the spring of 2009. However, ASRS had only 3% of their investments in real estate and 1.4% in private equity and so was considerably less affected than other retirement systems. As of June 30, 2009, the actuarial funded status (which uses an actuarial value of assets equal to the average of the market values of assets at the end of each of the prior 10 years) was 79.1%. The market funded status (which uses only the market value of assets at the end of FY 2009) was 56.9%. The funded status, expressed as a percent, is equal to 100 times the ratio of assets to pension liabilities. The latter are calculated on an actuarial basis using the latest life expectancy tables. As the market has gone up since June 30, the market funded status as of November 30 has improved by about 11%.

Health Insurance and 2009 open enrollment. We were grateful that Phil Hamilton from ADOA could attend since, at last year’s tri-university meeting, representatives from ADOA refused our invitation. An extensive list of problems that occurred for the 2009 open enrollment along with constructive suggestions for solving them were presented to Phil Hamilton. Many retirees felt that the open enrollment was “a total disaster.” Phil Hamilton noted that most of the suggestions that were on our list could not be easily addressed and corrected because of budget cuts to ADOA. He also explained to us that procedural limitations imposed by the legislature and various legislative committees result in severe time constraints that make a timely and rational process for open enrollment quite difficult.

To improve this process, retirees are encouraged to contact their legislative representatives. As a postscript we note that Phil Hamilton and other top ADOA officials are no longer employed at ADOA.

Legislative Update. This past year, the Legislature concentrated primarily on the budget shortfall (with limited success) resulting in only two legislative proposals affecting retirees being passed: House Bill 2118 will eliminate the present cap limiting members’ retirement benefits to 80% of their salary; Senate Bill 1196 authorizes ASRS to establish a supplemental defined contribution plan (403b or 457) for non-state public employees to save additional tax-deferred money for retirement. State employees already have access to such plans.

For the 2009/2010 legislative session, several bills are being resubmitted to the Legislature. Included within these bills are proposals to: 
- change the number of points required for normal retirement back to 85 points (where it used to be), rather than the present 80 points. Such a change is warranted by longer periods of employment.

(continued on page 4)
### 49TH ARIZONA STATE LEGISLATURE (www.azleg.gov)
**January 2009 - January 2011**

Southern Arizona Legislative Districts (Tucson Office) 40 W. Congress St., #201, 85701  
Senators/Representatives, 398-6000, FAX for both, 398-6028;  
Phoenix Office: State Capitol, Senate Wing/House Wing, 1700 W. Washington 85007;  
Toll free telephone line 1-800-352-8404

<table>
<thead>
<tr>
<th>#</th>
<th>Name/Party</th>
<th>Email</th>
<th>Telephone</th>
</tr>
</thead>
<tbody>
<tr>
<td>23</td>
<td>Sen. Rebecca Rios (D)</td>
<td><a href="mailto:rrios@azleg.gov">rrios@azleg.gov</a></td>
<td>602-926-5685</td>
</tr>
<tr>
<td></td>
<td>Rep. Barbara McGuire (D)</td>
<td><a href="mailto:bmcguire@az.leg.gov">bmcguire@az.leg.gov</a></td>
<td>602-926-3012</td>
</tr>
<tr>
<td></td>
<td>Rep. Frank Pratt</td>
<td><a href="mailto:fpratt@azleg.gov">fpratt@azleg.gov</a></td>
<td>602-926-5761</td>
</tr>
<tr>
<td>25</td>
<td>Sen. Manuel Alvarez (D)</td>
<td><a href="mailto:malvarez@azleg.gov">malvarez@azleg.gov</a></td>
<td>602-926-5895</td>
</tr>
<tr>
<td></td>
<td>Rep. Patricia Fleming (D)</td>
<td><a href="mailto:pfmeling@azleg.gov">pfmeling@azleg.gov</a></td>
<td>602-926-5836</td>
</tr>
<tr>
<td></td>
<td>Rep. David Stevens (R)</td>
<td><a href="mailto:dstevens@azleg.gov">dstevens@azleg.gov</a></td>
<td>602-926-4321</td>
</tr>
<tr>
<td>26</td>
<td>Sen. Al Melvin (R)</td>
<td><a href="mailto:amelvin@azleg.gov">amelvin@azleg.gov</a></td>
<td>602-926-4326</td>
</tr>
<tr>
<td></td>
<td>Rep. Vic Williams (R)</td>
<td><a href="mailto:vwilliams@azleg.gov">vwilliams@azleg.gov</a></td>
<td>602-926-5839</td>
</tr>
<tr>
<td></td>
<td>Rep. Nancy Young Wright (D)</td>
<td><a href="mailto:nyoungwright@azleg.gov">nyoungwright@azleg.gov</a></td>
<td>602-926-3398</td>
</tr>
<tr>
<td>27</td>
<td>Sen. Jorge Luis Garcia (D)</td>
<td><a href="mailto:jgarcia@azleg.gov">jgarcia@azleg.gov</a></td>
<td>602-926-4171</td>
</tr>
<tr>
<td></td>
<td>Rep. Olivia Cajero Bedford (D)</td>
<td><a href="mailto:ocajerobedford@azleg.gov">ocajerobedford@azleg.gov</a></td>
<td>602-926-5835</td>
</tr>
<tr>
<td></td>
<td>Rep. Phil Lopez (D)</td>
<td><a href="mailto:plopez@azleg.gov">plopez@azleg.gov</a></td>
<td>602-926-3278</td>
</tr>
<tr>
<td>28</td>
<td>Sen. Paula Aboud</td>
<td><a href="mailto:paboud@azleg.gov">paboud@azleg.gov</a></td>
<td>602-926-5262</td>
</tr>
<tr>
<td></td>
<td>Rep. David Bradley (D)</td>
<td><a href="mailto:dbradley@azleg.gov">dbradley@azleg.gov</a></td>
<td>602-926-3300</td>
</tr>
<tr>
<td></td>
<td>Rep. Steve Farley (D)</td>
<td><a href="mailto:sfarley@azleg.gov">sfarley@azleg.gov</a></td>
<td>602-926-3022</td>
</tr>
<tr>
<td>29</td>
<td>Sen. Linda Lopez (D)</td>
<td><a href="mailto:llopez@azleg.gov">llopez@azleg.gov</a></td>
<td>602-926-4089</td>
</tr>
<tr>
<td></td>
<td>Rep. Matt Heinz (D)</td>
<td><a href="mailto:mheinz@azleg.gov">mheinz@azleg.gov</a></td>
<td>602-926-3424</td>
</tr>
<tr>
<td></td>
<td>Rep. Daniel Patterson (D)</td>
<td><a href="mailto:dpatterson@azleg.gov">dpatterson@azleg.gov</a></td>
<td>602-926-5342</td>
</tr>
<tr>
<td>30</td>
<td>Sen. Jonathon Paton (R)</td>
<td><a href="mailto:jpaton@azleg.gov">jpaton@azleg.gov</a></td>
<td>602-926-3235</td>
</tr>
<tr>
<td></td>
<td>Rep. Frank Antenori (R)</td>
<td><a href="mailto:fantenori@azleg.gov">fantenori@azleg.gov</a></td>
<td>602-926-5683</td>
</tr>
<tr>
<td></td>
<td>Rep. David Gowan (R)</td>
<td><a href="mailto:dgowan@azleg.gov">dgowan@azleg.gov</a></td>
<td>602-926-3312</td>
</tr>
</tbody>
</table>

United States Congress: U.S. Capitol Switchboard (202) 224-3121; Toll free: 1-800-648-3516  
Senators: 6 year terms: U.S. Senate, Washington, D.C., 20510  
www.senate.gov  
John McCain (R) www.mccain.senate.gov 407 W. Congress St., #103, Tucson,85701,670-6334;  
John Kyle (R) www.kyl.senate.gov 6840 N. Oracle Rd., #150, Tucson, 85704, 575-8633

Representatives: 2 year terms; House of Representatives, Washington, D.C. 20515  
1. Ann Kirkpatrick (D) www.kirkpatrick.house.gov Flagstaff, 1-888-737-1266  
2. Trent Franks (R) www.house.gov/franks Glendale, 623-776-7911  
4. Ed Pastor (D) www.pastor.house.gov Phoenix, 602-256-0551  
5. Harry Mitchell (D) www.mitchell.house.gov Scottsdale, 480-946-2411  
7. Raul M. Grijalva (D) www.grijalva.house.gov 810 E. 22d St., #102, 85713, 622-6788  
• change the basis for calculation of a member’s benefit to the average of the highest five years of salary instead of the current highest three years of salary. The change is designed to lessen the impact of salary “spiking” being used by some employers and employees.
• limit withdrawals to 100% of an employee’s contributions and 25% of the employer’s contributions for persons taking a lump sum distribution rather than an annuity upon retirement.

All changes would apply to new employees hired after the effective date of these bills, if passed.

SYSTEM MEMBERS’ SPECIAL NOTICE (the old ASRS defined contribution plan).

A request to the Attorney General was initiated by the ASRS to protect System member benefits. A formal positive opinion in response to this request was received November 24, 2009, wherein the Arizona Attorney General stated that ASRS will not be required to reduce System benefits regardless of an underfunded status of their trust fund.

This should be welcome news for our System members and came just a day after the ASRS received a summary of the 2009 actuarial valuation of the System, which shows a market funded status of 77.3 percent as of June 30, 2009.

The ASRS had anticipated a significant decline in the funded status of the System, given the overall market performance in the fiscal year that ended June 30, 2009. There was concern that an administrative rule, along with 25 years of legal and administrative opinion, would have required a reduction in benefits to improve the System funded status.

In an effort to ensure the ASRS was doing all it could to protect System member benefits, the ASRS Executive Director sought the formal opinion from the Attorney General regarding benefit reductions, noting that protection might lie under the 1998 amendment to the state Constitution related to guaranteeing state retiree benefits.

NEWS FROM ASRS
Keith Meredith, member, ASRS Board of Trustees

The end of the fiscal year, June 30, signaled the formulation of many reports and statements that will be forthcoming in the coming months. Arguably, the most important of these would be the Actuarial Reports on the Valuation of each of the pension funds managed by ASRS. This will culminate in the 2009 Comprehensive Annual Financial Report for Fiscal Year Ended June 30, 2009. The findings from these reports have multiple implications including current funded status of the funds, contribution rates necessary for maintaining the fiscal health of the funds, the potential of permanent benefit increases, etc. Given the economic turmoil of the past year, one can foresee several implications that will have dramatic effects on the members of ASRS. The first of these implications is for the members of the old “system” that was closed to new membership back in the 70s. Approximately 1600 retired members and less than 30 active members remain in this hybrid system.

The old “system” was hit particularly hard by the severe economic downturn in 2008. The actuarial funded status of this pension fund is increasingly volatile given that it is a closed system with no new members allowed to join. Furthermore, the number of existing members is decreasing annually. Given that no new members are entering this system and the number of active members is decreasing, the ability to control volatility of asset values with incoming contributions (as is possible with the Plan) is limited. In order to control volatility, the Board of ASRS established two rules for distribution of excess earnings to retiree members. According to these rules, if the actuarial funded status determined by the actuarial evaluation at year-end resulted in a funded status of 105 percent or greater, the ASRS Board could decide to distribute all or part of these excess earnings to members. If the actuarial evaluation determined that funded status fell below 95%, the ASRS Board must reduce benefits to the degree necessary to bring the funded status back up to 95%.
In anticipation of this required reduction of benefits looming in the future and given the complexity of the nature of such reductions, the Director of ASRS requested a formal opinion from the Arizona Attorney General late last year addressing many of the complexities of such a situation. A formal opinion in response to this request was received during Thanksgiving week this year. In this opinion, the Attorney General determined that all benefits of System members are guaranteed. Because of this decision, retired members of this hybrid system will continue to receive benefits equivalent to those of last year (including the 13th check). The trust fund for the System will continue to be carefully monitored in coming years. At some time in the future, allocations may be necessary from the State of Arizona. Members have been continuously updated as to the status of this fund throughout the year by mailings and on the ASRS website, www.azasrs.gov (click on Members, then System Members). If you have not received the mailings, please contact ASRS.

Let me turn to the retired members of the Plan, now over 94,000 in number. The actuarial evaluation of the fiscal year ending June 30, 2009, has determined that the actuarial funded status of the Plan is 79%, down from 82% in 2008. The funded status of both the LTD (Long Term Disability) trust fund (55%, up from 50% in 2008) and the Health trust fund (87%, up from 86% in 2008) continue to increase. The final implication is for an overall increase in the contribution rate of .45 percent for active employees and the same amount for the employer. As discussed in earlier writings, this rise will start a trend of increasing contribution rates that will continue for several years. Similarly, no change in the PBI (Permanent Benefit Increase) is foreseen for many years into the future. It will be difficult to accurately project either of these until the market stabilizes to a greater degree than it has to date. On the positive side, be thankful that your membership is in a Defined Benefit Plan that has guaranteed annual benefits.

The Arizona Daily Star reported (November 18, 2009) that locally we have a choice of 46 different stand-alone Medicare prescription-drug plans and 36 Medicare Advantage replacement plans. These choices do not include choices available through employers and agencies such as the Arizona Department of Administration or the Arizona State Retirement System with plans that are often tailored specifically for those situations. This large number of options is actually a reduction from previous years due to many insurance companies not offering Medicare Advantage programs due to decreased Medicare reimbursements. This vast array of plans will not go away with the reforms currently being discussed in Congress. The complexity will continue to increase.

The consequences arising from this ongoing chaos will be the continuation of increasing frustration, confusion, anger, and, for some, hopelessness. What else can we expect? As individuals, we are asked to choose among options developed by people we don’t know or trust, priced at levels that, increasingly, we cannot afford, and that provide potential services that we cannot be sure we’ll need. Yet, we must make these choices because we consider our health to be critical for our quality of life and our survival.

(continued on page 6)
I realize that this continuing chaotic environment isn’t exactly a rosy picture. We all ask what we can do as individuals to improve our fate. Personally, I have determined that, first and reluctantly, I must accept increasing self-responsibility to both educate myself about the existing health care system with its myriad of options and make the necessary choices. I must learn to accept the uncertainty of the choices and plan for alternative outcomes to the greatest degree possible. I must have understanding of and empathy for the situations of others who have more difficult choices than mine. With intelligence and, hopefully, wisdom, I must express my views concerning the need for continuing reform of the health care system. At the same time, I must have realistic expectations of the system as it exists today, chaotic as it is. These actions may not improve my fate but will help me deal with frustration, confusion, and anger. If enough of us join together in our expression of the need for continued reform, it may even improve our fate.

Self-responsibility is time-consuming and uncomfortable. Unfortunately, the answers to the questions that we all have will not be known until some time in the future. Professionals and friends alike are often asked about which plan is best. There is no answer. To answer this question, the individual must predict what health issue will occur in the future and then select the most affordable plan that will best meet that need. But predict we must and, given our inability to accurately predict these future events, inevitably, we will make mistakes. Our planning, to the greatest degree possible, must include alternative scenarios for response to these situations. Savings, alternative care provision, family supports, housing alternatives, etc. must all become part of our health care planning. We should understand that all people will not have the ability to cope with critical situations that may arise in their lives. With empathy, we should attempt to devise a system that will provide some means of reasonable support for these individuals. Our current health care is chaotic and is under increasing stress. We must realize that such a system will result in continued inequities and unfairness. Yet, to the best of our ability, we must continue to cope with the existing system because that is what is. Finally, we must realize that the current health care system is not capable of responding to the needs of our nation. Increasingly and collectively, we must actively express the need for continued health care reform.

It’s that time of year when the various OLLI campuses are busy compiling their Spring Curriculum. Study group leaders have been hard at work since last summer preparing their courses for next semester.

During this past fall, Green Valley has been offering 24 classes (including The Brave New World of Blogs, Wikis, and Tweets!), Tucson also has had 24 classes and Marana/OV (our newest campus) 9 classes.

A sneak peek at Tucson’s spring repertoire shows the usual mix of literature, history, music, science and philosophy. Some sample class titles include Salman Rushdie’s *Midnight Children*, Nobel Prize Winners in Literature, Supreme Court decisions, Isaiah Berlin, What’s in Your Genes, Trials of the Centuries, Stories of Anton Chekhov, the usual book, film, and theater discussion groups - and if all that makes your head spin, you can add Meditation 101.

Election results are in for the new Tucson Campus Council and John Guilbert (UA Emeritus Professor, Geosciences) was selected as one of the nine board leaders.
Weekday mornings will find members of the Tucson community attending the Humanities Seminars Programs, listening to and interacting with some of the University of Arizona’s top professors. As Regents’ Professor and Program Director Dr. David Soren says, “It’s learning for the fun of it; all you need to bring with you is an inquisitive mind.”

The spring semester, which begins January 21, offers a variety of courses sure to engage the minds and imaginations of participants.

**Memory, Aging, and the Brain.** The University of Arizona is one of the world’s most important centers for the study of memory, aging, and the brain, employing the latest scientific methods to track how memory and brain structures mediate memory change during our lifetime. Dr. Lee Ryan will introduce a host of University of Arizona experts in all fields relating to the topic.

**Ancient Greek Heroes and Heroines.** Dr. Bella Vivante, a renowned international authority on the role of women in ancient Mediterranean cultures, will explore ancient Greek concepts of heroism through four figures who embody differing heroic concepts. She will analyze the epic warrior Achilles, the epic ideal of beauty Helen, the Pan-Hellenic culture hero Herakles, and the seeming anti-hero Medea.

**Modern to Contemporary European Theatre.** One of the Humanities Seminars most popular lecturers is Dr. Patrick Baliani. He returns this semester to investigate key works of modern and contemporary European theatre, with professional actors performing key scenes in class and film excerpts complementing the lectures.

**Mexico and the United States - Mexico Borderlands.** Among the many important topics of this timely seminar will be: The Creation and Maintenance of the U.S. Mexico Boundary; The Unique World of Border People; The Spanish/Mexican Heritage of the Southwest; Mexican Immigration to the United States; and Drug Trafficking and Border Violence. The seminar leader is Dr. Oscar Martinez, Regents’ Professor of History.

**Another Openin’, Another Show - Part II.** Back by popular demand, Richard T. Hanson, Professor Emeritus of the School of Theatre Arts and creator of the Nationally known University of Arizona Musical Theatre Program, continues the saga of the making of a musical. He will go backstage and behind the scenes and explore the creation of another set of ten iconic American musicals including *Guys and Dolls, South Pacific, Kiss Me Kate,* and *Evita.*

Each class meets once a week from 9 a.m. until noon at the Dorothy Rubel Seminars Meeting Room on the ground floor of the Helen S. Schaefer Building at the University. Convenient parking is across the street in a new parking garage.

Registration is open now. For more information, contact Kerstin Miller, the Seminars Coordinator, at 520-626-7845 or humansem@email.arizona.edu, or visit the web site at hsp.coh.Arizona.edu.

---

**University of Arizona Retirees Association Mission Statement**

*Purpose:* to foster the benefit, interests, and well-being of the retired faculty and staff of the University of Arizona through social, educational, and promotional activities, as well as to encourage continuing contact between retirees and the University.

*Membership:* open to University of Arizona retired faculty, appointed professionals, staff, and their spouses.
UPCOMING EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 28</td>
<td>Luncheon, Tanque Verde Guest Ranch</td>
</tr>
<tr>
<td>March 6</td>
<td>Cats in the Community Day</td>
</tr>
<tr>
<td>March 13, 14</td>
<td>Tucson Festival of Books at the U of A</td>
</tr>
<tr>
<td>April 24</td>
<td>Luncheon, Tucson Country Club</td>
</tr>
</tbody>
</table>

SHAPE UP IN THE NEW YEAR

Retirees are welcome to work out for free at the U of A Student Recreation Center during Rec Days. Rec Days are scheduled in 2010 on January 21, March 4, April 1 and May 6, from 7 a.m. to 7 p.m. You can lock into 2009 Campus Rec membership rates now before January 11, 2010. The new expansion is slated to open in January 2010. The expansion will add more than 55,000 gross square feet to the site. There will be bouldering elements for climbing, a 30,000 sq. ft. weight room with new cardio vascular equipment with TVs, a MAC Gym and more. For details or a tour of the expansion, call 621-8715.

SUPPLEMENT YOUR INCOME

More flexibility, less hours, less stress and still work at the University? The UA Talent Network is an internal temporary applicant pool that serves short-term staffing needs of University departments. Human Resources implemented the UA Talent Network to leverage the institutional knowledge of retired, former and current UA employees.

Currently there are five different job categories offered including (1) administrative/professional, (2) computer and technology, (3) research, (4) adjunct teaching/instruction, and (5) trades and maintenance. The pool postings for these categories are general in nature and are not to be interpreted as advertisement for a specific position. Applications will be accessed by hiring departments when temporary staffing needs arise. The title and salary will be determined at the time a position is filled. Additional information is available at: http://www.hr.arizona.edu/ua_talent_network.

UARA HISTORY 1987 - 1988

1987. An active Legislative Action Committee worked on legislation resulting in a bill that increased the benefit for retirees under ASRS by $.60 for each year of active service plus years of retirement with a minimum increase of 2% and a maximum of 10%.

An administrative decision to eliminate fee waivers for retirees was successfully rescinded due to the efforts of Nestor Roos and others.

UARA representatives met with other state-wide retirement organizations to form the Coalition of Active and Retired Members of the Arizona State Retirement System.

Intense lobbying resulted in passage of legislation providing a health insurance benefit funded by the ASRS for retirees with ten or more years of active service. Robert Letson essentially wrote the bill for the legislative staff and this passed with minor changes.

1988. President Bill Foster suggested formation of the UARA Council to assist the officers with input prior to their decision on important matters.

Francis “Sledge” Hammer began formation of a Telephone Tree to assist with lobbying efforts. The Telephone Tree and Legislative Action Committee significantly contributed to legislation that passed resulting in an ad hoc COLA of 2% effective July 1990.
WHATEVER HAPPENED TO . . . BOB WRENN?
Susan Green, editor, College of Education, retiree

Just looking at Bob Wrenn, relaxed on his living room couch and surrounded by the objects of his several loves - his piano, his travel artifacts, his wife Marcy’s pottery - is to wonder where the years went. He’s a bit grayer, but otherwise it’s the same soft-spoken fellow who developed and led so ably the UA’s Student Resource Center (and its predecessors) for 38 years.

He was also counselor and award-winning teacher. As a Psychology Professor, he was best known for his signature class, Psychology of Death and Loss, which he created in the mid ‘70s. “Most of the students in those classes,” he explains, “had experienced death in some way in their lives, but it was taboo to talk much about it then.” Today Bob serves on the board of The International Work Group on Death, Dying, and Bereavement. With some colleagues, he’s currently studying the language of death.

Music, of course, was his first passion and it continues to be a big part of his life. He plays piano solo or as part of a quartet. A musician who can tell you about his playing at Old Tucson for Liz Taylor, he now focuses on home parties, dances, and retirement community events. His favorite audiences are older people “who like the songs I like to play.”

Bob has produced four easy-listening CDs with music from the ‘30s, ‘40s, and ‘50s. He has another scheduled for January, combining piano with vibraphone and bass. They can be sampled on his website at www.bobs-jazz.com.

The Wrenn’s daughters Lisa and Susie are grown and flown, but son David and his family are still in Tucson, allowing Marcy and Bob to look after two grandsons once a week. He also keeps closely connected to his neighborhood by serving as Treasurer of the Shadow Roc Homeowner’s Association.
45 LIFE LESSONS

Written by Regina Brett, 90 years old, of The Plain Dealer, Cleveland, Ohio. “To celebrate growing older, I once wrote the 45 lessons life taught me. It is the most-requested column I’ve ever written. My odometer rolled over to 90 in August, so here is the column once more:

Life isn’t fair, but it’s still good.
When in doubt, just take the next small step.
Life is too short to waste time hating anyone.
Your job won’t take care of you when you are sick.
Your friends and parents will. Stay in touch.
Pay off your credit cards every month.
You don’t have to win every argument. Agree to disagree.

Cry with someone. It’s more healing than crying alone.
It’s OK to get angry with God. He can take it.
Save for retirement starting with your first paycheck.
When it comes to chocolate, resistance is futile.
Make peace with your past so it won’t screw up the present.

It’s OK to let your children see you cry.
Don’t compare your life to others. You have no idea what their journey is all about.
If a relationship has to be a secret, you shouldn’t be in it.

Everything can change in the blink of an eye. But don’t worry; God never blinks.
Take a deep breath. It calms the mind.
Get rid of anything that isn’t useful, beautiful or joyful.
Whatever doesn’t kill you really does make you stronger.

It’s never too late to have a happy childhood. But the second one is up to you and no one else.
When it comes to going after what you love in life, don’t take no for an answer.
Burn the candles, use the nice sheets, wear the fancy lingerie. Don’t save it for a special occasion. Today is special.

Over prepare, then go with the flow.
Be eccentric now. Don’t wait for old age to wear purple.

The most important sex organ is the brain.
No one is in charge of your happiness but you.
Frame every so-called disaster with these words ‘In five years, will this matter?’
Always choose life.

Forgive everyone everything.
What other people think of you is none of your business.

Time heals almost everything. Give time time.
However good or bad a situation is, it will change.

Don’t take yourself so seriously. No one else does.
Believe in miracles.
God loves you because of who God is, not because of anything you did or didn’t do.
Don’t audit life. Show up and make the most of it now.

Growing old beats the alternative – dying young.
Your children get only one childhood.
All that truly matters in the end is that you loved.
Get outside every day. Miracles are waiting everywhere.

If we all threw our problems in a pile and saw everyone else’s, we’d grab ours back.
Envy is a waste of time. You already have all you need.

The best is yet to come…
No matter how you feel, get up, dress up and show up.
Yield.

Life isn’t tied with a bow, but it’s still a gift.”
RESERVATION FORM FOR WINTER LUNCHEON

(Please print as you would like it on the nametag.)
Retiree/Surviving Spouse ___________________________________________________________

Address __________________________________________ Telephone ______________________

Department or unit retired from (optional) ___________________________________________

Guest Name #1 ____________________________________________________________________

Guest Name #2 ____________________________________________________________________

Enclosed is a check for $____________ made payable to UARA ($17.00 per person).
Mail check and form to: Dianne Bret Harte, P.O. Box 40380, Tucson, AZ 85717

UARA WINTER LUNCHEON
January 28, 2010
TANQUE VERDE GUEST RANCH
End of Speedway

Proceed to the east end of Speedway Boulevard. Allow 20 minutes from Wilmot Road. At the end of
Speedway, you will see a sign announcing Tanque Verde Guest Ranch. Turn left and continue to the park-
ing area. Follow the crowd to the dining area. Stop at the registration desk (first building), if you need
assistance.

11:30 a.m.

Arrive early or stay late and enjoy the ambiance of a working ranch.
The meal is a self-serve buffet with multiple meat entrees, vegetables, salads, breads and desserts. Coffee
and iced tea are available at the table.

MAKE YOUR RESERVATIONS BY JANUARY 21, 2010

Reserve early - attendance is limited by room size; at-door registration is not accepted. No refund possible
unless cancellation request is received three days prior to the event.

$17.00 per person
Questions, Attendance Issues, Cancellation Requests:
Call Dianne Bret Hart at 323-2216
No portion of this cost is tax deductible
The University of Arizona Retirees Association

**President**
George Evanoff  
229-1920  
gevanoff@email.arizona.edu

**Vice-President/Treasurer**
Tom Rehm  
577-1774  
trrrush@msn.com

**Secretary**
Rose Marie Perrill  
682-7441  
bobandrose88@aol.com

**Past President**
Suzanne Van Ort  
325-4366  
svanort@aol.com

**Jubilación,**
Janice Murphy  
323-7501  
murphyj@email.arizona.edu
James Burke, Jr.  
jburke78@gmail.com
Leland Pederson  
323-0641

**Luncheons**
Linda Pace  
298-8409  
pacel@dakotacom.net
Dianne Bret Harte  
323-2216  
dianne@email.arizona.edu

**Education**
George Evanoff  
229-1920  
gevanoff@email.arizona.edu

**Legislative Action**
Uwe Fink  
795-0155  
wefink@lpl.arizona.edu

**Membership**
Jo Henry  
744-2779  
jdhenry@dakotacom.net

**Scholarship**
Stardust Johnson  
323-7856  
slj5@cox.net

**UARA Web address:** uara.arizona.edu

**Liaisons:** Appointed Professionals, Kathleen Gonzalez Landis; Faculty Senate, Cornelius Steelink; Staff Advisory Council (SAC), Sharon Bouck; UA External Relations, Heather Lukach; COSCO, Janice Murphy; Pima Council on Aging (PCOA); Governor’s Council on Aging (GCOA) George Evanoff; OASIS, Stacey Moore; OLLI, Susan Green